

LEMON GROVE REVIEW

Vol. 28, No. 35

Lemon Grove, California

Thursday, March 25, 1976

Phone 469-0101

Ten Cents



The DIMMER VIEW

by Max Goodwin

HUD is Alive and Growing

Controlled growth is a phrase that may create a revolution. Factually, it has to a degree.

Ecologists demand the right to live in an uncluttered environment. Land owners demand freedom of choice use of their property.

A third element—one that seems to strike fear and resentment in hearts of a great number of Americans—is public housing.

Probably the biggest civic turnout in local history occurred several years ago when local leaders invited an executive of the Department of Housing and Urban Development (HUD) to a meeting in the auditorium of Lemon Grove's San Miguel school to discuss upgrading parts of Lemon Grove's residential district with everything from sidewalks to roofing.

The meeting, with an overflow crowd of about as many outside as indoors, was conducted amid considerable shouting and threats from the audience.

If there was a message there, it was that people didn't trust nor want HUD in their lives—but HUD is still with us—bigger than ever and nationwide.

The U.S. Press Assn., in a recent newsletter to subscribers, reminded that HUD serves as a prime example illustrating why government boondoggles should be kept out of operations which should be left to private enterprise.

The HUD mess had its beginnings, it was recalled, in the old "Housing Act of 1949" a government financed "slum-clearance" program. Hundreds of acres of slums were bulldozed and shiny new buildings erected on the sites.

Unfortunately, the poor who were forced out of their modest (and economical) living quarters could not afford to pay the high rents imposed by the new, fancy apartment buildings.

After years of effort—from 1945 to 1965—and a cost of over \$5 billion in taxpayer money, it was admitted that the Housing Act had not accomplished what it was intended to do.

Not to be deterred, Congress, on September 9, 1965, came up with the Housing and Urban Development (HUD) which has become an enormous agency with more than 17,000 salaried employees and an expense tag (fiscal 1975) of \$7 1/2 billion for a single year.

The HUD boondoggle had become so rife with collusion, kickbacks, fraud and bribery that the Department of Justice, in 1972, had to establish a whole department within its criminal justice division to deal with HUD ripoffs.

Between October 1972 and the end of 1975, 594 criminal indictments were filed against 752 defendants. There have been 496 convictions, 171 defendants awaiting trial, and continuing criminal investigations in at least 17 cities.

But what about housing itself? Taxpayers were stuck with more than 65,000 vacant single-family homes across the country.

In Chicago alone there are an estimated 14,000 houses and vacant lots scattered throughout the city. The situation is so bad that Chicago Mayor Coleman A. Young is threatening to bulldoze the empty, dilapidated HUD houses.

It is doubtful that Congress will clean up the mess. Not unless American taxpayers rebel at having to continue paying for wasteful projects, HUD waste, incidentally, is part of the American taxpayer's bill which, not so incidentally, is coming due next month.

Ronald Reagan Says:

Freeways are not monsters . . . we save human lives every time we add a mile of freeway. The freeway fatality rate is about 2.2 and on highways and streets it is about 5.

Students

April 12, 1975

From Joe Holmes "The Quotable Ronald Reagan"

Cruise Crowd Thins; Arrests Fall Off

Attendance at the Thursday Night Car Cruise in Lemon Grove dropped off dramatically last week. The turnout appeared to be about half the size.

A custom car show at the Community Concourse in downtown San Diego drew off

some of the regular participants, it is believed.

FM Radio B-100 announced early this week that the cruise would be in Balboa Park. Presumably, some car cruisers went there.

Police activity seemed to be stronger, probably because there were fewer people.

The sum total was a gathering of about half the previous week's turnout.

One cruiser was a truck driver for Albuquerque—Cal Rupe—who had heard of the event and coupled a visit to the Lemon Grove-Broadway gathering with a visit to the custom car show in San Diego.

He drove his 1925 Ford sedan to Lemon Grove in two days averaging, he said, 55 miles an hour. He visited relatives in Yuma enroute.

His car represents three years of work and \$3,500 in cost, he said. He claims to have had an offer of \$5,000 for the car.

When B-100 went on the air to encourage the car cruise to move to Balboa Park, the SDDP responded with a warning that such a gathering would not be permitted there.

Fewer people creating less problems resulted in a reduced number of arrests.

There were 16 citations Thursday of which 11 were for traffic violations—down from 28 the previous week and 51 the week before that.

Vacation is Costly

A burglar took jewelry, a radio and a stereo recorder worth \$570 from the home of Hans William Jacobson while he was on vacation in Los Angeles.

The burglar entered his home, at 1749 El Prado, Lemon Grove by way of a sliding glass window.



FORMER MISS LEMON GROVE Barbara Fletcher (1964-65) has returned to the annual contest, this time as its co-chairman. Also in charge is Craig Lake, shown holding a poster advertising the "Fairness of the Fair" contest, which the local winner will automatically enter. Entry forms for the Miss Lemon Grove pageant, to be held April 24 at Lemon Grove Jr. High, are available at 7917 Broadway, 7929 Broadway or at the Lemon Grove Chamber of Commerce office, 3415 Imperial ave.

Brown Spearhead's Amendment

County Supervisors May Revoke License of Nuisance Swap Meets

Second District Supervisor Dick Brown introduced legislation last week which empowers the County Board of Supervisors to revoke the license of swap meet operators whose business is creating a community nuisance.

Approved in the form of an amendment to the existing swap meet ordinance, the change was designed as an incentive for swap meet businesses to upgrade their operations to prevent traffic, noise and other forms of public disturbance characteristic of the weekly Sunday swap meet operation in south Spring Valley.

A number of complaints from the Spring Valley Chamber of Commerce and residents in the area of the swap meet lot near Akard st. and Quarry rd. have been received by Brown's office.

According to the amendment, the Board of Supervisors will hold hearings at the request of the public regarding an "unreasonable" level of traffic or other form of nuisance created by the presence of a swap meet. The Supervisors may revoke the operator's license if the hearing shows that action is warranted. The operator must be notified of the hearing ten days in advance.

Is It Legal?

It is "kind of unclear," said Brown's assistant Mike Perkins, "if we can use traffic and safety nuisance problems as legal grounds for revoking a license."

Description of the types of nuisances is deliberately vague, he said. "It would be impossible to describe specifically how much traffic or how much noise is unreasonable."

It was not immediately known whether residents near the south Spring Valley swap meet location would ask Supervisors to revoke that business' license.

Spring Valley Chamber of Commerce President Maurice Peterson, who has been heading Chamber action against the swap meet, said that people living in the area must gather facts about the disturbances before they can face the Board of Supervisors at a hearing.

Many Complain

There have been numerous complaints.

Peterson can tell tales about weekly bouts with litter, illegally parked cars and noise

'Pot' Garden Found

Sheriff's deputies charged a 17-year old youth with cultivation of marijuana after they found 30 plants, 5-7 inches high, growing beneath a window box outside his bedroom.

The plants were found on Pecos street in Spring Valley.

each Sunday at the swap meets. He expressed concern about a riding stable near the site which is losing trade due to Sunday traffic tie-ups.

Perkins said the Spring Valley Fire Department has reported two incidents where swap meet traffic has prevented them from answering emergency calls, one in response to a fire and another for ambulance service.

Some residents of the near-

Rotary Sells Books During OTD Parade

In conjunction with the 13th annual Old Time Days celebration, the Lemon Grove Rotary Club is sponsoring its first Book Sale, a benefit for the Interact Club of Mt. Miguel High School. Members of both clubs are collecting used books to be sold at the sale on April 3, before, during and after the Old Time Days parade.

Books will be displayed on the sidewalk at 7943 Broadway from 9 a.m. to 3 p.m.

"Purpose of the sale is to stimulate community reading by making books available at a fraction of their original cost," said Mt. Miguel principal Dr. Robert Pyle, also a member of the Rotary and general chairman of the event.

Three collection areas have been designated for book donors. They are Room 119 at Mt. Miguel High, John Factor VW, Broadway near College ave., and Marianne's Beauty Supply, 7943 Broadway.

State Returns \$\$ To Calif. Cities

As Lemon Grove nears a vote on incorporation, February tax returns to cities both larger and smaller than Lemon Grove would be, are listed here.

Motor Vehicle Tax

Carlsbad — \$31,300; Del Mar — \$7,400; Imperial Beach — \$33,400; Oceanside — \$86,500; El Cajon — \$94,000; La Mesa — \$68,000; National City — \$69,200 and Vista — \$44,700.

Highway Users Tax

Carlsbad — \$17,600; Del Mar — \$4,400; Imperial Beach — \$18,700; Oceanside — \$48,900; El Cajon — \$52,000; La Mesa — \$37,800; National City — \$38,400 and Vista — \$25,000.

Cigarette Tax

Carlsbad — \$11,300; Del Mar — \$2,500; Imperial Beach — \$6,200; Oceanside — \$22,600; El Cajon — \$37,500; La Mesa — \$23,300; National City — \$25,000 and Vista — \$10,700.

April 14 Public Hearing Set For Steele Canyon Fire Annex

A public hearing is scheduled April 14 at 7 p.m. by the board of directors of the Grossmont-Mt. Helix Fire Protection District to consider the annexation of the Steele Canyon area.

The meeting will be at the California Division of Forestry Fire Station at 2249 Jamacha rd. near Willow Glenn rd.

Under consideration will be approximately 7,000 acres in the Steele Canyon area which already has the approval of the Local Agency Formation Commission.

According to G-MH Fire Captain Charles Smith, residents of Steele Canyon had petitioned for annexation after the County Board of Supervisors decided that it would no longer contract with the California Division of Forestry to provide fire protection for residents of the unincorporated areas of the county. CDF's major mission is control of brush and forest fires. The existing contract expires June 30. Non-protected areas must now annex to existing districts or form a new one.

In 1957 residents in the Grossmont-Mt. Helix area contracted with the California Division of Forestry to man a fire protection district being formed there. It worked well it was reported. G-MH built a fire station at 10105 Vivera dr., Mt. Helix, and purchased two fire engines. CDF still

mans the facilities. An accurate work record is kept and the G-MH District pays CDF for the men's time.

Low Tax Rate

In 1971 the County Board of Supervisors contracted with CDF to provide fire protection to all unincorporated areas not in any fire district. Steele Canyon is one of those areas. The tax rate is 10 cents for each \$100 assessed valuation. The tax is low there but the insurance rate is high.

G-MH property owners pay 49 cents for each \$100 valuation. Steele Canyon, Captain Smith said, would come in at 49 cents if annexation is approved. Much of the increased tax rate would be absorbed by residents through lower insurance rates, he said.

In the G-MH District, residents are protected by a "move-up" system (mutual aid) in which engines from neighboring districts occupy stations left vacant because of emergencies.

Ranger C. E. Toy said districts manned by CDF personnel avert the necessity for operating a training program. Only on-the-job time is chalked up. Much of the paperwork is handled by CDF, too.

G-MH's strong financial position has produced a surplus of funds. Some of this will soon build another Fire Station at Vista Grande and Dehesa rds., buy another fire engine and is completing the building of a small, fast-response, high water pressure unit.

Helix President Griffen Chairs Advisory Board

Harry Griffen, Helix Water District president, has been appointed chairman of the California District Securities Advisory Commission by State Treasurer Jesse Unruh.

Griffen, who has represented the Lemon Grove area on the Helix board for 25 years, has been a member of the State commission for 11 years. The commission advises the Treasurer on matters related to borrowings of special districts.

Griffen is also a Helix representative on the San Diego County Water Authority board and Authority treasurer. He represents the Authority on the Metropolitan Water District board and is chairman of its Finance and Insurance Committee.

He is a past-president, board member and executive committeeman of the Association of California Water Agencies, the state-wide organization of water leaders.

'Old Time Days News' Inserted This Week

Included with this issue of the newspaper is our annual "Old Time Days News," a handy guide to Lemon Grove's Old Time Day activities, highlight of which is the 13th annual parade set for Saturday, April 3.

The 12-page booklet lists the complete order of march and offers information about other events planned in conjunction with Old Time Days.

Thieves Drop Loot In Victim's Yard

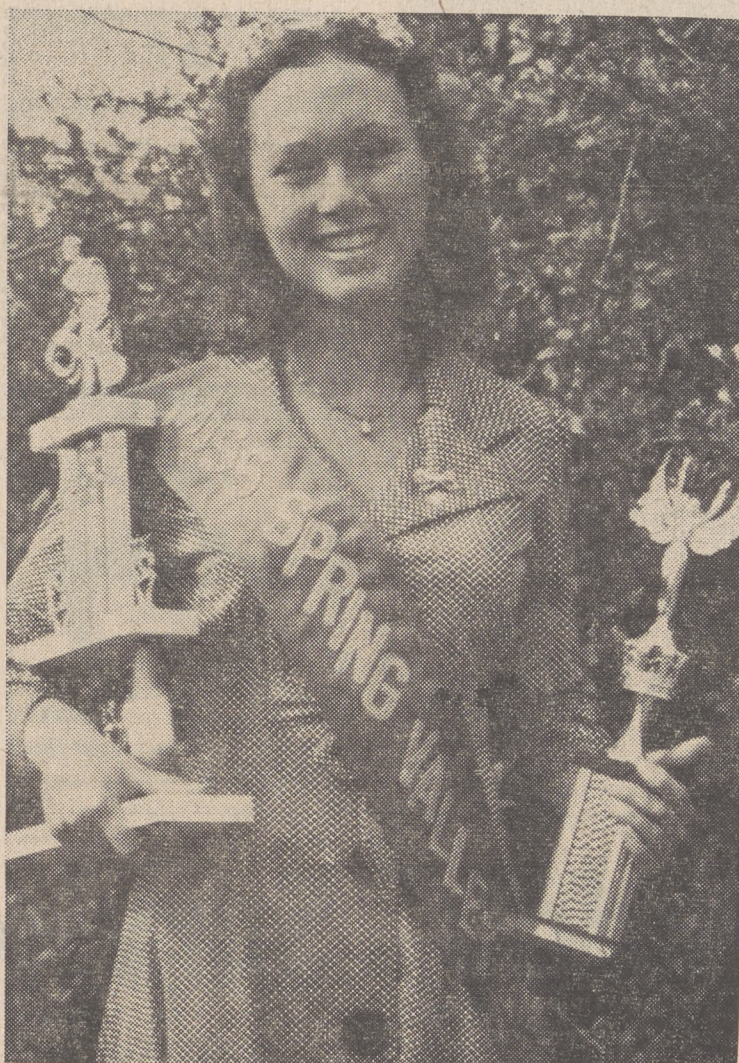
Robbie Gray got home just in time Friday evening. She arrived home — at 8709 Kelso, Spring Valley — about 5:30.

She noted that her stereo, together with speakers and records were missing. So she called the sheriff's office.

Upon further examination she found the bedroom window open.

Outside she saw three teenagers running from the property.

In flight, the young burglars had dropped the loot. By the time officers arrived Robbie had her stereo, speakers and records again.



NO BLARNEY — It was St. Patrick's Day luck, not to mention good looks, that helped Erin McLaughlin capture the local and Southern California Exposition trophies proclaiming her Miss Spring Valley, 1976-77. Miss McLaughlin will represent Spring Valley in Southern Cal Expo's "Fairness of the Fair" pageant.

Smilin' Irish Eyes Win Erin Miss SV Title

By John Kowalczyk

The accent was on the Irish in more ways than one at last week's Rotary sponsored Miss Spring Valley pageant.

First, it was held on Wednesday, March 17, St. Patrick's Day.

Secondly, the winner was Erin Maura McLaughlin who happens to be of three-quarters Irish descent. She is the daughter of Dennis and Rosemary McLaughlin of Cornwall st., Spring Valley.

She was chosen from a field of ten candidates at the pageant held at Monte Vista High School Wednesday evening.

Miss McLaughlin is a senior attending University High School, a private catholic school in Linda Vista. She plans to attend UCSD in the fall, as a biology major and hopes to become a public health physician.

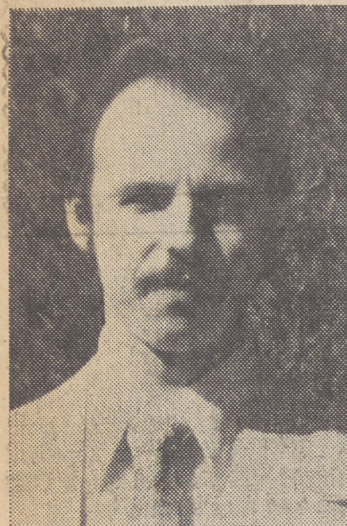
In addition to representing Spring Valley at civic functions throughout the coming year, she will be entered as Spring Valley's candidate in this year's Southern California Exposition "Fairness of the Fair" contest.

Lemon Grove Contest

Entry forms are now available for the Miss Lemon Grove contest to be held April 24 at Lemon Grove Jr. High. Forms may be picked up at Dell Enterprises, 7917 Broadway, or at Marder's Stationers, 7929 Broadway.

This year the contest is being jointly sponsored by the Lemon Grove Chamber of Commerce and Lemon Grove service clubs including the Lions, Kiwanis and Rotary.

Contest chairmen are Craig Lake and former Miss Lemon Grove (1964-65) Barbara Fletcher.



MINISTER INTERN — Mike Ensich of Spring Valley is serving as a ministerial intern at Cupertino Assembly of God Church under a unique program instituted by Bethany Bible College in Santa Cruz. All ministerial and Christian education majors at Bethany must participate in a full semester internship. As a ministerial intern Ensich will spend approximately four months under the instruction of the church pastor, learning the day-to-day details of pastoral work. The innovative program is two years old.

Prayer Vigil Scheduled

The Vista La Mesa Christian Church has scheduled a 24-hour Prayer Vigil from 6 a.m. April 16 through 6 a.m. April 17. A Vigil Chart has been posted in the Fellowship Hall for those who wish to sign-up.

Retired Colonel Addresses Wed. Church Service

Colonel Heath Bottomly, USAF-Retired and native of Montana, will be the guest speaker for the Wednesday evening service, 7 p.m., at First Baptist Church, Lemon Grove.

Prior to his retirement at Norton Air Force Base, San Bernardino, he was associated with the Military Ministry of Campus Crusade for Christ. Colonel Bottomly served in the United States Air Force for more than 30 years and is now an associate staff member with his wife Betty of Campus Crusade.

The public is invited to hear Colonel Bottomly and his testimony for Jesus Christ. He will discuss how Campus Crusade is making a special effort to influence all Christian believers to fulfill the Great Commission to all the world by 1980.

Heart Attacks to be MD's Lecture Topic

Grossmont presents Robert M. Karns, M.D. in a program titled "Heart Attacks and Transplants—What's Ahead?" at 8 p.m., Tuesday in the college's Student Center.

Dr. Karns, an award-winning speaker, is considered an authority on the historical and political aspects of medicine. Admission is 50 cents with tickets available at the door.



TREE PLANTING — Dorothy Smith, resident of Spring Valley and member of the local spiritual assembly of the Baha'i faith, helps dig a hole for an ash tree donated to Spring Valley Park, as Willie Williams, chairman of the Spring Valley Park and Recreation District, and members of the Baha'i community look on. The tree was a bi-centennial gift to the park.

College Reps to Meet Students, Community

Representatives from more than 50 baccalaureate institutions will be present on the Grossmont College campus from 10 a.m. to 1 p.m. on Wednesday during the College's Annual Information Fair.

Open to members of the community as well as Grossmont College students, the fair will provide information on admission procedures, transfer requirements, financial aid, housing and other incidental expenses for each 4-year institution.

Helix High to Salute Nation's Popular Music

The Helix Marching Band, under the direction of Gerald Kirk, will salute the American Bicentennial on April 1, 2 and 3 in the Helix Gymnasium at 7:30 p.m.

The event will spotlight music from past Broadway musicals, the 1920's, Glenn Miller, "How the West Was Won," "Jesus Christ Superstar," "Scotch on the Rocks," and "MacArthur Park."

Participating in the evening's entertainment will be the Helix Marching Band, Bagpipe Band, Concert Band, Symphonic Orchestra, Stage Band and the "Hi-Steppers" Drill Team and Banner Corps.

Admission is \$1 for students and \$1.50 for adults. Children under five will be admitted for free when accompanied by an adult. Tickets are available from any member of the Helix Instrumental Music Association, from any of the performers and at the door.

AREA BIRTHS

The following births were recorded recently at Grossmont Hospital.

March 9
Mr. and Mrs. George L. Bultez, Lemon Grove, a boy, David Aaron.

March 11
Mr. and Mrs. Michael Alan Reeves, Spring Valley, a boy, Adam Michael.
Mr. and Mrs. Scott Monroe Hudgens, Spring Valley, a boy, Jason Benjamin.

March 12
Mr. and Mrs. George B. Oliver, Spring Valley, a girl, Michelle Marie.

March 13
Mr. and Mrs. Richard W. Hogan, Lemon Grove, a boy, Daniel Wayne.

March 16
Mr. and Mrs. Gregory A. Rustin, Lemon Grove, a girl, Heather Lee.

March 18
Mr. and Mrs. Frank M. Gardner, Spring Valley, a boy, Gabriel Bryan.

VFW Rummage Saturday

The Lemon Grove VFW holds a rummage sale Saturday at the Post Hall, 2885 Imperial ave., Lemon Grove, from 9 a.m. to 4 p.m.

Area Funeral Services

Nina P. Stafford

Inurnment ceremonies were held Tuesday for Nina P. Stafford, 88, of 7863 Bryan ct., Lemon Grove, who died Saturday.

Born in Kansas, she came to the Imperial Valley in 1910 and to Lemon Grove 26 years ago. She and her deceased husband ran the 101 Trailer Park in Lemon Grove until it was taken by the freeway.

She was Past High Priestess of the White Shrine of Jerusalem and a member of the Imperial Crown Chapter no. 311 of the Order of Eastern Star of Calexico.

She is survived by two daughters including Mrs. Harriett Cosby of Lemon Grove; a son, 5 grandchildren; 14 great grandchildren and 8 great-great grandchildren.

Private services were Tuesday in Cypress View Mausoleum.

Thomas Grady

Thomas F. Grady, 72, a retired rigger at the 32nd St. Naval Facility, died March 14 at a Lemon Grove convalescent home. Funeral Mass was held Thursday, March 18 at St. John of the Cross Church. Interment was at Holy Cross Cemetery.

Grady, of 2222 69th st., had lived in the area 47 years. He was a Navy veteran of World War II.

He is survived by a sister, Mary E. Burt of the 69th st. address.

Conrad Lemon Grove Mortuary handled funeral arrangements.

Marie Roeder

Recitation of the Rosary and Funeral mass was held at Santa Sophia Catholic Church March 15 and 16 for Marie M. Roeder, 67, of 10767 Jamacha blvd., Spring Valley.

She was a homemaker who lived in the area 12 years.

Interment was at Glen Abbey Memorial Park. Conrad Lemon Grove Mortuary was in charge of funeral arrangements.

Mrs. Roeder was a native of Germany. She died at a local hospital March 13.

Surviving are her husband Frank W. Roeder, two daughters, two brothers, two sisters and five grandchildren.

Ellison McGuire

Graveside services were held Tuesday for Ellison A. McGuire, 75, of 3210 Kempf st., Lemon Grove.

McGuire, a 30 year resident of the area, was the former co-owner of a furniture store and a lumber firm in Lemon

Grove. He was a partner in the Ward-McGuire Lumber Co. and in McGuire & Mangano Furniture.

His last job before retiring was an attendant at a service station.

The native of Kansas was buried at Mt. Hope Cemetery. Conrad Lemon Grove Mortuary handled arrangements.

Surviving are a daughter, Martha Cooner of Spring Valley, a son and 12 grandchildren.

The family suggests contributions to the American Cancer Society.

V. Chrisafis

Funeral mass was held Friday at Santa Sophia Catholic Church for Victoriana Chrisafis, 86, of 1815 Sweetwater rd., Spring Valley. Recitation of the Rosary was held Thursday, March 18 at Conrad Lemon Grove Mortuary.

She died in a local hospital March 15.

Mrs. Chrisafis was a homemaker who had lived in the area 28 years. She was a native of New Mexico.

She is survived by a son, Joe Narvaez of Spring Valley, a granddaughter and a grandson.

Olen Keith Sr.

Services were held Friday at Conrad Lemon Grove Mortuary for Olen F. Keith, 92, of 158 Steele Canyon rd., Spring Valley. Keith, a native of Arkansas, lived in this area 34 years. He died March 15 in a hospital.

He was a retired maintenance man for Greyhound Bus Co.

Interment was in Mt. Hope Cemetery.

Survivors include four sons including Olen Keith Jr. of Spring Valley, a daughter, Leona Alvarado of Spring Valley, two brothers, three sisters, 12 grandchildren and 13 great-grandchildren.

Marriages

SAN DIEGO (NewsWest)—Marriage licenses were issued to the following:

Gary Anderson, 24, and Elaine Hall, 22, both of Lemon Grove.

David Beekman, 39, Spring Valley and Catherine Mihelich, 29, San Diego.

Luis Corona, 26, and Rosario Torres, 21, both of Spring Valley.

Michael Luvas, 28, San Diego and Sharon Houghland, 23, Lemon Grove.

Carlyle Meents, 29, San Diego and Karen Hague, 21, Spring Valley.

Norman Hubbell, 34, and Harriett L. Di Fronzo, 36, both of Lemon Grove.

Timothy Snipes, 21, Spring Valley and Cheryl Beal, 22, La Mesa.

Frederick Taylor, 23, and Elizabeth Anderson, 22, both of Lemon Grove.

IRS Director Offers Tax Preparer Tips

Southern California IRS Director William H. Connnett has warned taxpayers to be cautious in whom they select to prepare their returns.

He advises that "a small percentage of preparers do a great disservice to the remainder of the profession by misrepresenting both themselves and the nature of the federal tax return."

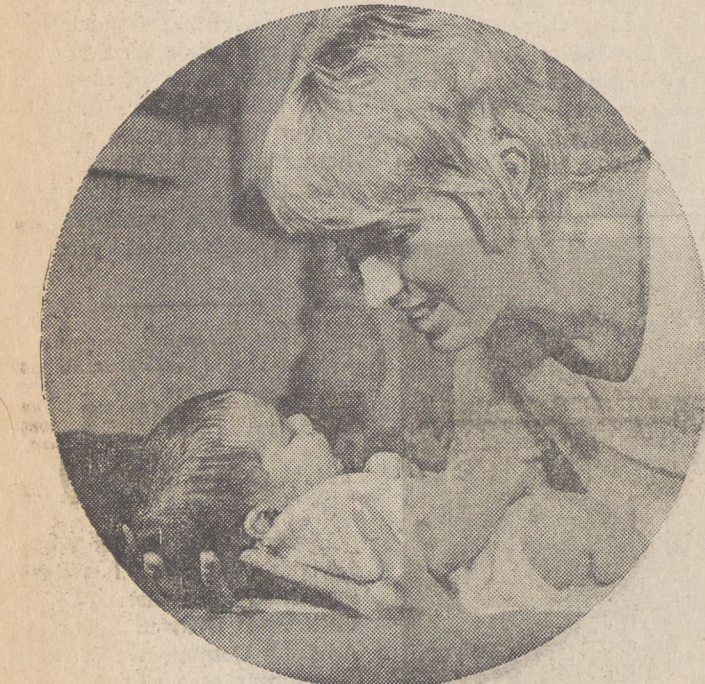
Connnett urges taxpayers to follow four guidelines when dealing with tax preparers: never sign a blank return; never sign a return prepared in pencil; never permit the tax refund to be mailed directly to a tax preparer, and insist that the preparer sign the return.

Players Due in Review

The Grossmont College chapter of Project Survival will present the Rainbow Players in "Noah," an outdoor review scheduled for 11 a.m., Friday on the campus quad. Project Survival, headquartered in Palo Alto, was founded to research, educate and act on environmental problems that threaten life.

The Rainbow Players are a musical comedy group of college students from throughout California who are traveling up and down the state in support of the Nuclear Safeguards Proposition.

Admission is free.



Give a child the gift of Life.
Support the **MARCH OF DIMES**

THIS SPACE CONTRIBUTED AS A PUBLIC SERVICE BY THE PUBLISHER

LOST
Black and White Siberian Husky Female Puppy with Blue Eyes — 8 weeks old.
Birthday Gift. Lemon Grove Area — Reward.
Phone 469-6185 or 460-7724



Braleys to Give Concert

Brad and Olive Braley, organ-piano team from the Voice of Prophecy radio broadcast, will give a concert on Saturday at 5:30 p.m. in the La Mesa Seventh-day Adventist Church.

Admission is free and open to the public.

Sunday Services

NEW LIFE CHAPEL

A fellowship of Blood-Washed Spirit Filled Believers
2115 Imperial Avenue Lemon Grove, Calif
9:45 am Bible Classes — All Ages
11:00 am Morning Worship
7:00 pm Evening Worship
Wednesday 7:30 pm Charismatic Prayer Workshop
John Meacham, Pastor 464-3949, 463-9526

FIRST BAPTIST CHURCH OF LEMON GROVE
(Affiliated with the Southern Baptist Convention)
2910 Main Street P.O. Box 236
Robert Kleinschmidt, Pastor Phone 460-4811, 465-9794
Sunday Bible School 9:30 and 10:50 a.m.
Morning Worship Services 9:30 and 10:50 a.m.
Sunday Training Hour 6:00 p.m.
Evening Worship Service 7:00 p.m.
Wednesday Bible Study and Prayer 6:30 p.m.
Nursery and toddler care at all services.

SPRING VALLEY FRIENDS CHURCH
Bancroft at Kenwood
Phone: 466-3339
Dr. Fred Groetsema, Interim Pastor
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening program for the family, 7:00 p.m.
Wednesday Bible Studies 7:30 p.m.

ST. JOHN OF THE CROSS CHURCH
8086 Broadway Rectory 466-3914
Lemon Grove, California 92045
Saturday Mass 8:15 a.m. and 6 p.m.
Nursery Attendant provided.
Masses: For Mass schedule telephone church Rectory.

LEMON GROVE LUTHERAN CHURCH
2055 Skyline Drive at Alton Drive
Rev. Herbert Johnson, Pastor 465-7301
Worship Services, 8:15 a.m. & 10:30 a.m.
Sunday School, 9:30 a.m.

Isaiah 7:14-15
Therefore the Lord himself shall give you a sign;
Behold, a virgin shall conceive, and bear a son,
and shall call his name Immanuel.
Butter and honey shall be eat, that he may know
to refuse the evil, and choose the good.

THE CHRISTIAN CHURCH 465-1888
6970 San Miguel Ave., Lemon Grove
Michael D. Maxson, Minister
Cynthia Ratekin, Pre-School Director
9:30 a.m. Bible School
11:00 a.m. Morning worship
5:00 p.m. Youth and family activities
6:00 p.m. Evening worship
9:00 a.m.-12:30 p.m. Pre-School Monday and Wednesday

THE UNITED METHODIST CHURCH OF LEMON GROVE 466-8065
3205 Washington Street
M-F Weekday Pre-School for 3-5 Year Olds
9:00 A.M. Church School 10:30 A.M. Worship Service

SKYLINE WESLEYAN CHURCH
1345 Skyline Drive, Lemon Grove
Skyline Drive at Jamacha Road
Rev. Orval C. Butcher, Pastor Phone 460-5000
Worship Service 9:30 and 11:00 A.M.
Sunday School 8:15, 9:30 and 11:00 A.M.
Children's Church 9:30 A.M.
Sunday Evening Expression 6:30 P.M.
Wednesday Evening Bible Involvement 7:00 to 8:30 P.M.

CASA DE ORO BAPTIST CHURCH
Freeway 94 and Sweetwater Springs Boulevard
10195 Madrid Way Spring Valley
Rev. J. Gordon Platt, Pastor 469-3196
Sunday Bible School for all ages 9:45 a.m.
Sunday Celebration and Worship 11:00 a.m.
Sunday Evening Koinonia Fellowship 6:00 p.m.
Wednesday Family Night 7:00 p.m.

ST. PHILIP'S EPISCOPAL CHURCH
Palm at Hardy Drive, Lemon Grove
Rev. Kenneth R. Johnson, Rector 466-8055
SERVICES: Sundays, 8 and 10 a.m. Wednesdays, 10 a.m.
Church School and Nursery Care, Sunday, 10:00 a.m.



SMILE POWER — Dee Dee Brown, dental assistant, holds the attention of Bancroft Elementary School students (l-r) Randy Harr, Stephanie Harr and Tammy Helton as they study a model of a tooth during a health examination program at the Spring Valley school.

Eight elementary schools in the La Mesa-Spring Valley School District are participating in a three-month prevention-oriented dental health education program sponsored by the San Diego County Dental Society and the San Diego Health Department. 3rd through 5th graders receive instruction in proper dental care in the classroom two weeks prior to dental exams which the children await without fear.

CONRAD
Lemon Grove Mortuary
7387 BROADWAY
MEMBER, THE ORDER OF THE GOLDEN RULE
460-4601
Independently Owned and Operated by the Conrad Family

Social Events

El Cajon Woman Named 'Achiever'

Mrs. Lucille Moore, El Cajon Councilman has been named one of the "Women of Achievement" by the Presidents' Council of the Women's Service, Business and Professional Clubs of San Diego.

Mrs. Moore was nominated by the Altrusa Club of the Heartland, of which she is a charter member.

She is among 14 women who will be feted at the 27th annual banquet at 7 p.m. on April 7 at Vacation Village



Lucille Moore

Hotel — one of whom will be chosen "Woman of the Year".

She was elected to the El Cajon City Council in 1974 and has been involved in many civic activities, among them the Regional Employment Training Consortium, California League of Cities Human Resources Committee, Commissioner of San Diego County Flood Control District, Heartland Human Relations Commission, and Chairman of the Heartland Fire Training Facility.

In the past she has served as chairman of the John A. Davis YMCA, S.D. County League of Women Voters, and director of the East County United Way.

A Spring Valley woman, Puppeter Marie Hitchcock, has also been nominated.

Mrs. Moore is presently a candidate for the County Board of Supervisors, District 2.

Local Club Members Win at Fashion Show

Southern District No. 26 of the California Federation of Women's Clubs held a sewing contest last week at the La Mesa Woman's Club.

The winners: Long Robe—Mrs. Jean Hockenbury, Lemon Grove Woman's Club; Formal—Mrs. William A. Hoskin, Spring Valley Club; Pant Suit—Mrs. Eddyths Campbell, Sweetwater; Coat—Mrs. Maurice Masters, Sweetwater, and Bicentennial Dress—Mrs. John Post, San Carlos.

The outfits were handmade and judged by the membership. Mrs. Charles Prasser of Spring Valley was the commentator and chairman of the fashion show.

Mrs. Post will wear her bicentennial dress at the CFWC state convention, May 16.

Election Nears for Junta de la Noche

Election of officers for the Junta de la Noche, Spring Valley Woman's Club Evening Section, is set for an April 20 meeting. Members of the election nominating committee were elected at a meeting held last week. Committee members are Bessie Bailey, May Williams, Sannie Sue Wurts and alternate Pat Lucas.

The Evening Section also enjoyed a cultural program last week on Japanese customs and culture, led by guest Mitsue Huffman. Assisted by Tame Stow, club members and guests participated in a demonstration of the proper method of drinking ceremonial powdered green tea. Accenting the program were traditional Japanese kimono dress, a Japanese meal and a demonstration of origami (Japanese paper folding).

Balboa Park Studied Friday by LG Women

Mrs. Florence Christman from the San Diego Historical Society, will speak on the "History and Romance of Balboa Park" at the Friday meeting of the Lemon Grove Woman's Club on Main st.

Hostesses for the meeting are Mmes. Paul Hockenbury and C. B. Goldthorpe.

SV Lions Club Announces 11 Drawing Picks

Eleven winners of a recent fundraising drawing of the Spring Valley Lions Club were announced last week at the club's general meeting.

The winners and prizes: Woodrow Bole, electric computer donated by W. J. Biggs; Ox Bow Inn, Waste King 1000 Disposal donated by Green Plumbing and Heating Co.; Dolly Biggs, mirror donated by W. J. Biggs; Ben Urquidí and Mike Beggs, pizzas donated by Marno's; Jeri Melton, spaghetti dinner donated by Marino's; Mike Beggs, Morris Bailey and Harry Smead, winners of 6-packs of motor oil donated by National Petroleum Co.

Also, Dee Taylor and Bill Biggs, \$5 dry cleaning at Casa de Oro One-Hour Martinizing; Rick Valdes, toaster donated by Martinizing; Mike Beggs, lube, oil and filter change donated by Dutton's Garage.

The Lions meet every first and third Wednesday evening at 7:30 at the Ox Bow Inn.

New Production Due At Old Globe Theatre

"The Last Meeting of the Knights of the White Magnolia" will open for five weeks on Tuesday at the Old Globe Theatre in Balboa Park.

The production features its director Michael Keenan as Guest Artist in the role of a small town bigot. Also in the cast are Joseph T. Price, Jr., Richard Allen Bradshaw, Mack Owen, C. Wayland Capwell, Jim Hess and Stephen Hawkhurst.

Performances are scheduled nightly except Monday at 8 p.m. and Sunday matinees at 2 p.m. through May 2. Limited seating is available, early reservations are advised.

Wildlife Film to be Screened on Wed.

"Mule Deer Country," an Audubon Wild Life film, will be screened and narrated by Lyle K. "Buzz" Moss at 8 p.m., Wednesday at Grossmont Community College.

"Mule Deer Country," a land whose boundaries have been established over the centuries by the animals themselves, stretches from Mexico to Canada and from the Sierras to the Rockies and out into the plains.

Admission is free.

Art Assn. to Present Awards at Sunday Tea

The Foothills Art Association will present awards to the winners of the judged "All Membership Show" at a tea on Sunday afternoon, April 11, at the gallery of the Ben Polak Fine Arts Center, 8053 University ave.

The show will be on display through April on Saturdays and Sundays from 1 to 5 p.m. The public is invited.

Artist Offering Free Acrylics Demonstration

The Foothills Art Association is sponsoring a free demonstration in acrylic painting by San Diego artist Marie Fililus.

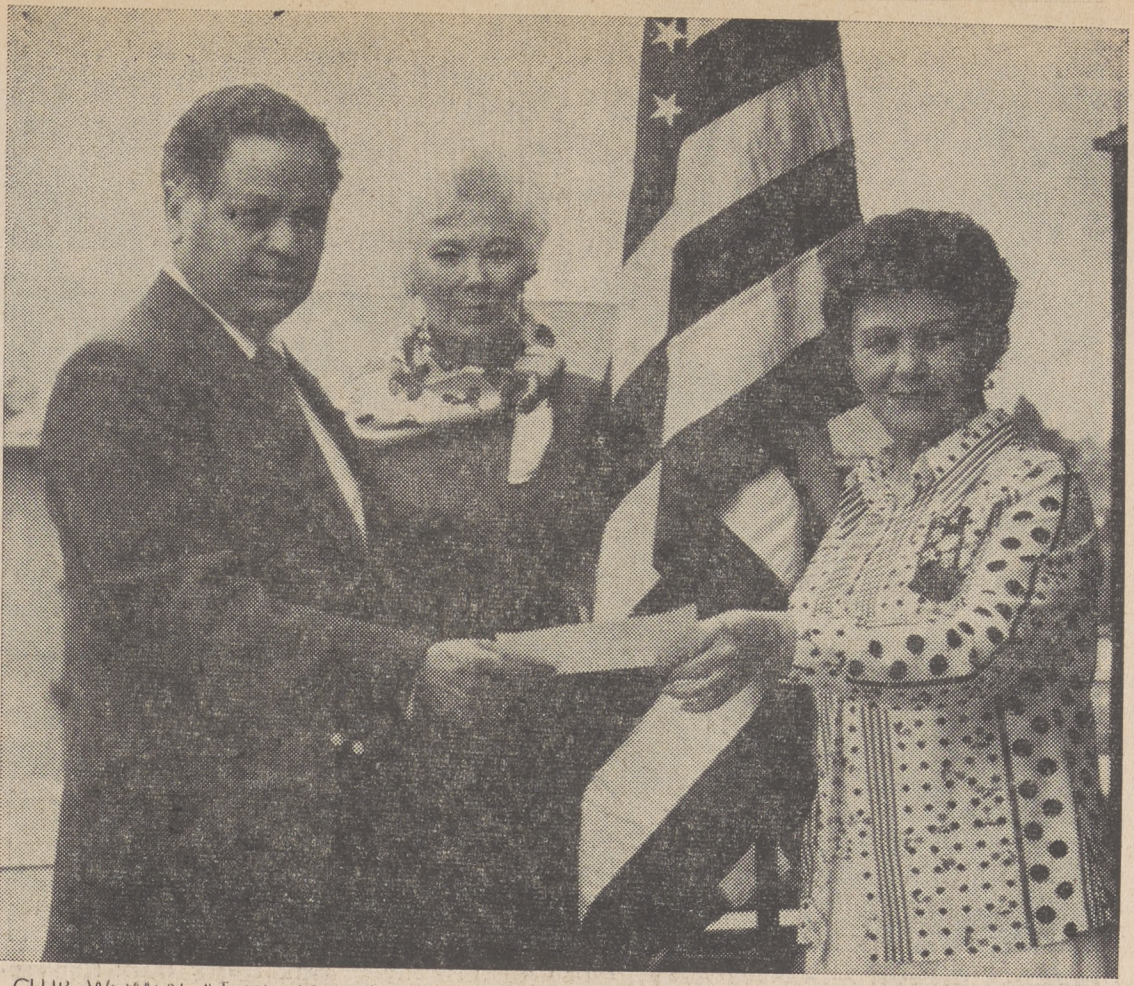
The demonstration will be held Thursday, April 1, at 7:30 p.m. in the Ben Polak Fine Arts Center, 8053 University ave.

Refreshments will be served and the public is invited.

Dick Gregory To Speak

Comedian Dick Gregory, formerly scheduled to speak February 24 at the University of San Diego, will appear instead on April 29, replacing Judge John Sirica.

Sirica has cancelled his San Diego engagements due to a heart attack he suffered recently.



CLUB WOMEN AT WORK — Inomas Ruiz, a resident of Spring Valley, accepts \$100 check from Mrs. Harry Engle, president of the Southern District No. 26 of the California Federation of Women's Clubs. District 26 donated the profits from a recent fund raiser plus the flag standard in background to the South Bay Historical Society, of which Ruiz is president. The money will be used in the restoration of Granger Music Hall in National City. The flag will go on the Hall's stage. Observing the presentation is Mrs. Ed Maczko (center), of Spring Valley, the District's Bicentennial chairman.

Grove 'Round Up' in May

Kindergarten Sign Up Time Nears at SV Public Schools

The first week in April, children who plan to begin kindergarten in the La Mesa-Spring Valley School District for the 1976-77 school year will begin registering, according to associate superintendent David Pascoe.

Registration will be on a first come, first served basis at each of the local elementary schools which are open Monday through Friday.

"It is important to pupils, parents and the school to register as soon as possible in order to ensure kindergarten placement at the nearest school," said Pascoe.

Class on Lamaze Birth Method at Grossmont

Grossmont College will present a lecture-demonstration class on the Lamaze method of prepared childbirth. The class, designed for couples, will meet at 9:30 a.m. each Saturday from April 3 thru May 22 in Room 268, Fine Arts Building, Grossmont College.

Topics will include the anatomy and physiology of labor and delivery, nutrition, breast feeding, hospital procedure and maternal and paternal emotions.

Janice Vuich, instructor for the class, advises participants to bring two pillows, a blanket and wear loose clothing. Registration fee for this class is \$5 a person and may be paid at the first session.



STATE FLAG — A member of Scout Troop 322 raises a flag which flew over the State Capitol at the Encanto Boy's Club. The flag was brought to the March 13 ceremony by Rep. Lionel Van Deerlin. Also present at the flag raising were the color guard and other members of Lemon Grove Troop 322, the Lemon Grove VFW Post 2082 color guard and Post 2082's Women's Auxiliary.

No child will be denied kindergarten attendance, but there have been occasions when placement has had to be away from the home or neighborhood school, he said. The earlier registration also allows time for the formation of next year's classes.

Lemon Grove Schools

Lemon Grove elementary schools handle registration dates differently. Instead of a set time to begin district-wide sign-ups, each of the six schools sets a "kindergarten round-up day." Parents may register their children after this date, although, like La Mesa-Spring Valley, the school district prefers early registration for scheduling purposes.

Round-up days at Lemon Grove public schools are: Golden Avenue, May 18; Monterey Heights, May 11; Mt. Vernon, May 6; San Altos, May 5. Dates for San Miguel and Vista La Mesa are to be announced.

Free Milk Program Starts at Jamul

Jamul-Las Flores Union School District is now operating a free meal, free milk and reduced price meal policy for children unable to pay the full price of meals and milk served in schools under the National School Lunch and Special Milk Programs.

State Regulations

To enter kindergarten, state law requires that a child must be five years old on or before December 2. A district school may not officially register a pupil until his birth and immunization records are verified.

Birth verification should be in the form of a certified copy of a birth record or a statement by the local registrar or

Lost Continent is Topic

Grossmont Community College District's Office of Community Education will open a series titled "New Dimensions of the Mind" when Dr. Maxine Asher speaks on the "Modern Search for Atlantis" at 2 and 7 p.m., Thursday, April 1 in the College Grove Shopping Center Community Hall.

Dr. Asher is founder and director of the Ancient Mediterranean Research Association. She has conducted research on Atlantis since 1959 and has recently published a book on the subject titled "The Atlantis Conspiracy." In 1973 she led a group to Spain on an underwater archeological research project to look for the remains of Atlantis.

Admission is free and open to the public.

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HOME COOKED This Week's RECIPE

Homemade Soup in Minutes

A simple bowl of soup can be turned into a tantalizing appetizer in minutes. Home economists have combined the convenience of soup in a can with the make-from-scratch variety. Instead of the usual add-water-and-heat routine, they start with the basic broth and add fresh vegetables and what-have-you to create a "homemade" variety in minutes. Here's one that comes from the test kitchen of a soup manufacturer.

- JAPANESE VEGETABLE SOUP**

 - 1 can (10 1/2 oz.) beef broth
 - 1 soup can water
 - 1/2 cup thinly sliced carrots
 - 1 cup fresh green beans cut in 1" pieces
- 2 tsp. soy sauce
 - 1/4 tsp. sugar

In saucepan, combine all ingredients. Cover and simmer 15 minutes or until vegetables are tender. Makes about 3 cups, 4 servings.

Faulwetter Buffet Attracts Fifty

More than 50 persons attended a cocktail buffet fundraiser Saturday for Bill Faulwetter, a La Mesa attorney who is seeking the post of supervisor in the second district.

The function was at Hansen Park in Rancho San Diego and participants contributed \$50 a couple.

Faulwetter addressed the Republican Women's club of Bonita on Monday; The Mt. Oajan Republican Women's club in Santee on Tuesday, and The Republican Women's club of El Cajon on Wednesday.

Interest Daily at BoA

Bank of America will begin compounding interest daily on regular individual savings accounts and Investors Passbook accounts as of April 1. Previously interest on these accounts was compounded quarterly.

WORLD'S LARGEST

Flea Mart and Garage Sale

San Diego Stadium

Sunday, March 28th

9 am to 4 pm

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Admission \$1.00

Children under 16 free.

Double & Freeze Cuts Kitchen Hrs.

When making soup, stew or chili con carne, double the recipe and freeze the extra for time-saving future meals, suggest home economists.

Soups that freeze well include vegetable, split pea, navy bean, onion, chicken noodle and chowders. Omit potatoes, however, because freezing affects their flavor and texture. Instead, use converted rice. Or plan to add potatoes at reheating time.

Chill soup quickly and freeze in meal-size amounts, using moisture-vapor-proof containers. Leave headspace for expansion during freezing.

Lemon Grove Review

Lemon Grove, California

Adjudicated a newspaper of general circulation in the Superior Court of the State of California in and for the County of San Diego, Dec. 5, 1949.

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Deputies Close In on Local Crime Suspects

Sheriff's deputies of the Lemon Grove office solved a long list of robberies and burglaries last week when the first three of several suspects were arrested and jailed.

Charged with suspicion of robbery of two local 7-11 stores



SAVES THREE — Deputy James H. Wallis, II, displays the Lifesaving Medal he received from County Sheriff John Duffy on Monday. Wallis rescued a Spring Valley couple and their two-year-old daughter while off duty on January 10. Responding to a neighbor's report of hearing moaning sounds, Wallis broke into the home to find the three in an unconscious state and the home filled with natural gas which had leaked from a faulty wall heater. Hospital authorities said that the family members probably would have died had they remained in the home for another half-hour.

was Robert Lee Orr, 23, unemployed, who lives at 762 Cardiff st., Lomita Village.

Arresting officers claim that Orr had robbed the 7-11 store at Palm and Imperial, Lemon Grove on March 9, and the 7-11 at Grand and Jamacha in Spring Valley the next night.

The loot was comparatively small, officers said.

The arrest came after deputies stopped Orr last week for a traffic violation and found a traffic warrant was outstanding. He reportedly was identified later as the suspected robber of the two stores.

Run Away

A 15-year old boy who had run away from home in Phoenix only a month ago, was charged last week with at least 10 robberies, including the Fotomat on Sweetwater rd., Spring Valley.

Reports indicate that the boy stole autos to perpetrate the crimes and then "dumped" the cars afterward.

He reportedly used a gun in the robberies.

He was living with relatives in San Diego.

Deputies are still investigating robberies he is suspected of having a part in, most of which were in the South Bay area. Others were in El Cajon and Lemon Grove.

The number of alleged crimes and the amount of money taken cannot be determined until the investigation is complete.

On the burglary scene, detectives of the sheriff's Lemon Grove office said they had one suspect in custody and the names of several suspects who are said to have perpetrated a number of burglaries in the southern section of Lemon Grove.

One of the burglaries was that of an electronic oven from the property of the Skyline Wesleyan church.

Identification will be released after the round-up is complete.

Volunteers Needed for April Cancer Crusade

The La Mesa-Helix Branch of the American Cancer Society, including the Lemon Grove-Spring Valley areas, needs volunteers for the April Cancer Crusade to distribute educational literature on the detection and prevention of cancer.

The Crusade is the climax of the Society's annual fund-raising drive.

Volunteers who can donate three or four hours of time during the month of April should contact Chuck Miller at 440-5038 or the Society's Main Office at 235-6586.



PRACTICE SESSION — Various members of the Mt. Miguel orchestra rehearse in preparation for their tour of northern California and Oregon, March 31-April 4. Standing (l-r) are Alex Tiscareno, Mark Smith, Mark Huntington and Larry Jaurden. Seated (l-r) are Ron Huntington, Nola Wilson, Michele Linn and Candy Cranker.

Mt. Miguel Musicians to Take N. Calif. Tour Wed.

After months of hard work and planning, the Mt. Miguel High School Orchestra will see a dream come true.

For the first time in years, they are going on tour.

Early Wednesday morning, 4 a.m. to be exact, all 44 young musicians from the highly acclaimed band will board a bus which will take them and their instruments to Northern California. They will tour Hearst Castle and then travel on to Pacific Grove High School where they will perform a combined concert.

A stopover in San Francisco will be followed by a visit to San Bruno where they will be hosted by members of the music department at Cappachino

High. They will join with that school's band for an evening concert.

Another concert is planned April 2 at Humboldt State College in Eureka.

Competition

The highlight of their tour follows April 3 when they will compete in the Invitational Northwest Orchestra Festival at Mt. Hood Community College in Gresham, Oregon.

Following competition in Oregon, they return to California with a visit to Sacramento which includes a tour of the Governor's mansion, Sunday, April 4.

That evening, the group, accompanied by Director Dean Immel and seven adult chaperones, will board a plane and return to San Diego.

S. Cal. Festival

The Matadors' musicians received several awards at the recent Southern California School Band and Orchestra Festival held March 13 at Grossmont High School. "Straight Superior" honors were bestowed on the Cadet Band, Chamber Orchestra,

Coat Hangers Used To Enter Autos

Two autos owned by John C. Hoyle, 10344 Ramona, Casa de Oro, were forced open during the night of March 9 and a pair of prescription sun glasses was the only loss reported.

The thief used a coat hanger to open both cars.

A similar device was used to get into the auto belonging to Roy L. Tate at 3681 El Cantor dr., Casa de Oro. His loss was substantial.

Missing was a CB radio, \$600 in travelers checks and \$1,000 in cash. The auto was parked in his driveway and the loss occurred during night hours.

In Lemon Grove a clothes hanger was used to slip the lock on the auto of Charles Wayne Binder at 2366 El Prado. The thief took an FM converter valued at \$35. The loss occurred during the night of March 8.

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VFW Teen Dance Set for Friday

Art Spencer will provide the dance music for the Lemon Grove VFW monthly Teen Dance Friday at 7:30.

The dance will be at the VFW Hall, 2882 Imperial ave. and ID's will be required.

Next month's dance will be on April 30.

A meeting of members of the Teen Dance Committee will be April 1 at the Hall.

Boney Speaks At 3 Receptions

Stan Boney, candidate for supervisor in the 2nd District will be guest Friday of a coffee reception given by Sally Steele at 6305 Fernwood in La Mesa.

He will discuss the role of a county supervisor and fiscal responsibility.

Wednesday, he was guest at a luncheon sponsored by the El Cajon Republican Women's club in the community meeting hall at Sears.

Later that day, he was guest at a reception at the home of Mr. and Mrs. William Lamendola of Lakeside.

He discussed land use planning in unincorporated areas of the county with the spotlight on land use in Lakeside.

Resale Prices Decline

February statistics from the San Diego Board of Realtors Multiple Listing Service show that the average sale price of resale single-family houses and condominiums was \$42,745. This is down from both the January average of \$43,923 and the December 1975 figure of \$42,829.

In February there were 372 resale house and condo sales finalized by MLS members. This compares to 499 in January and 557 in December 1975.

Eat and Grow Younger

French Countess Proves Healthy Diet is True 'Secret of Youth'

By Lelord Kordel

Number Eleven of a Series

During my stay in Buenos Aires, I was a guest at a formal dinner party in one of the Old Argentine mansions. My host was the elder brother of my estancia friend who raised thoroughbred horses, and on whose estancia I met those marvelous old Gauchos saluted earlier.

The guests were a cosmopolitan group made up of an English couple, several Argentinians, a Brazilian scientist and his wife, a Uruguayan diplomat, a French count and countess.

The evening hadn't progressed very far when I noticed the French countess, an extremely attractive woman, speaking earnestly with our host who singled me out with his glance, then nodded, apparently in answer to some question of hers concerning me. Immediately the countess came over to me.

"Monsieur Kordel," she said, "how old would you think me?"

I was taken aback by this abrupt question. It's not good policy to play at age-guessing games with the ladies, no matter how charming and youthful they may be. A guess of a year or two too many, and one really has blundered!

Guesses Age Too Young
I looked closely at her clear, fresh skin, her sparkling gray eyes and her lustrous dark brown hair. She could have been anywhere between 30 and a youthful 40. Her figure was well rounded without being lumpy, and her carriage was remarkably graceful. So I waded in with my best guess.

"Thirty-three, perhaps. And surely not more than 35."

She gave me a searching look. "Yes, I believe you are being honest. Well, monsieur,

last month I celebrated—yes, that is the right word celebrated—my 53rd birthday! I have a son as old as you guessed me!"

She called her husband, who extracted from his wallet a small, worn photograph and passed it to me. It was a picture of a woman, quite evidently a relative of the countess, for the features showed a marked resemblance to hers. Yet this was a much older woman.

"That, Monsieur Kordel," she said, "was my face five years ago, before we left France."

Her husband said to me: "My wife has been a zealous follower of your teachings on nutrition since arriving in Buenos Aires to live. An American friend loaned her a copy of one of your books. And from that day it has become the book of rules for our kitchen."

Eating for Pleasure

The countess broke in smiling. "Sincerely, Monsieur Kordel, when I read your book it came like a great revelation to me. Always in France we have eaten for the sheer pleasure of it, never thinking what harm all those rich foods did to our appearance. Or whether we were fully nourished. But now, with the plentiful meat of this country and its delicious cheeses, fruits and vegetables, I have found a new, plainer way of eating. . . And I have found the youth I lost many years ago in France."

The average person of middle age—and many younger people—exists on a diet woefully deficient on almost every nutritional count (proteins, minerals, vitamins), unfor planned diet. Small wonder that good looks and charm less a conscious effort is made are so rare past 40.

And small wonder that this early loss of vitality and youthful appearance is particularly true of men, since

'Largest' Conference On Aging Starts Mon.

What is claimed to be the largest aging meeting ever held in the U.S. comes to San Diego Monday for three days when the city plays host to the Western Gerontological Society.

"What is significant about having this meeting in San Diego," says Barbara Graham, San Diego Area Aging Director, "is that not only in San Diego, the fastest growing city in the U.S., but the aging population is growing at an apporportionate rate."

2,000 representatives of all spectrums of aging are expected at the three-day conference scheduled in the Town and Country Convention Center in Mission Valley.

More than 60 homes have been readied for students and older visitors who could not have attended without the San Diego hospitality.

Local contact is Coalition of Elders—234-6493.

Jobless Up 25,900; Adjusted Rate Down

Although the number of unemployed increased by 25,900 the State Employment Development Department reported a seasonally adjusted drop in the jobless rate from 9.9 per cent in January to 9.5 per cent in February.

San Diego area unemployment still hovers in the double digit percentage.

Motorhome Burglarized

Lester Taylor Morgan of 3804 Pinto pl., Spring Valley, found the door to his motor home open when he inspected it Friday morning.

He reported to sheriff's deputies that a portable tv and stereo equipment worth \$504 were missing.

The thief had used a wire cutter and keys to gain entry.

Men Just as Vain

And yet men are as vain of their good looks and youthful attractions as are women. They may not admit that their appearance matters as much to their happiness as it does to a woman. But I, as one of the "stronger sex," will admit it for them. We men do care—and how! when the signs of age begin to sneak up on us.

In the preceding installments I have dwelt at length on the paramount need in every diet for plenty of protein—meat, fish, fowl, eggs, cheese, skim milk and seed cereals. But I saved until now the full story of the youth-bestowing B-vitamins because they enter so frequently into any mention of "diet and good looks."

All the youth-preserving members of the B-complex family are found in varying degrees in meats, fish, fowl, eggs, skim milk, low-fat cheese, green vegetables, legumes, whole grains, berries, melons and fresh fruits.

A generous portion of these foods belongs in any advice on "diet and good looks," because they are unusually rich sources of riboflavin, the B-vitamin everlastingly concerned with the health of your eyes, your skin, your hair.

Here's what usually happens when your body is skimped on riboflavin: Your elbows may become red and wrinkled; the skin over your entire body may course with a quick tendency toward rashes and other forms of skin disorders. If you suddenly develop an abnormally oily complexion, more than likely it's because you need more riboflavin in your diet.

Riboflavin also acts on the muscles and nerves of the eyes—which will be discussed in a later installment.

Next: Choice, not cost, is the secret of a good high-protein diet. Complete protein food chart.

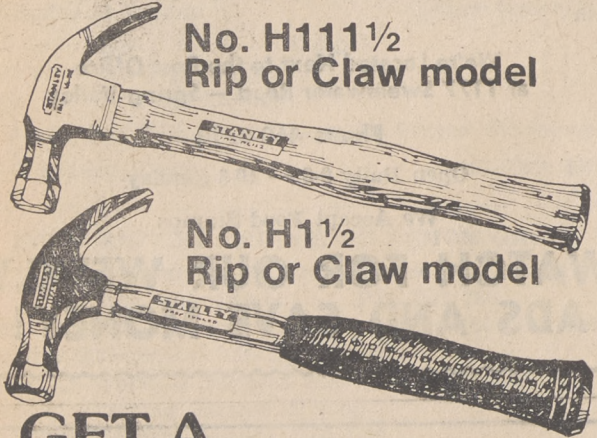
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Terry Holladay

Juniors to Meet Pros in Tennis Play April 29

San Diego's top junior players will receive a taste of what pro competition is really like when they take on the San Diego Friars in a special exhibition April 29 at the Sports Arena.

The Friars also will face the Los Angeles Strings following the match with the junior players.

San Diego begins its World Team Tennis schedule May 4 against the world champion Pittsburgh Triangles.

Rod Laver and Terry Holladay, both who just recently signed with the Friars, plus the remainder of the San Diego team, will be in action for the exhibitions. Laver has won more major championships than any other player in the history of tennis.

"I think it's a great idea, having the young players in action against us like this," said Laver. Holladay, who lives in La Jolla, believes that the match will be a boost for the junior tennis program in San Diego County. "I know as a youngster I would have been thrilled, he said.

Holladay has qualified for the Virginia Slims finals in Los Angeles starting April 12. The Nastase, who plays for Hawaii, said he would be willing to donate money monthly to train competent tennis officials.

Chris Evert, who will face the Friars when Phoenix arrives May 27, earned \$412,977 in tournament competition last year. Martina Navratilova, who will be playing for Cleveland this season, was second with \$185,518.

Friars season tickets are selling well according to Shelly Hall, director of sales. Season seats start as low as \$35 and include free parking. The Friars offices can be reached at 298-9855.

Kite Flying Contest Will Be at LG County Park

The Lemon Grove Recreation Center is sponsoring a special Kite Flying Contest on Tuesday at 3 p.m. at the Lemon Grove County Park located at Washington st. and Alton in Lemon Grove.

The contest will be open to children between the ages of seven and 13 who attended the special Kite Making Class at the Recreation Center between March 23 and 26. Participants will fly their kite creations from the class.



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TAKE FIVE

By John E. Wirges



Every couple of months or so someone comes up and tells me what a great job I've got. They say they want one just like it, even if it's mine.

"You got it made," they chant. "You get to see all the games for free. You get to meet the players. You get to go in the dressing room (this last from a girl who looked as if going in the dressing room was her idea of heaven on earth). You get free drinks (this from a man who looked as if his Valhalla was free booze). And you even get to meet television announcers (and this obviously from a man who didn't know which end was up)."

Before we get in the proper theme of this piece, it might do well to straighten out one or two of those kinky ideas so often laid on sports writers and other members of the press corps.

First of all, there ain't all that much free booze, folks. At least in San Diego. The Chargers have beer during and after a game, but even with all the losses they have swallowed in the last bunch of years, it has to go down without booze.

Gene Klein knocked off the post game hard stuff two years ago. Makes you wonder if Dr. Mandel suggested that action. It seemed that when the Chargers needed friends the most they turned off the welcome light.

But at least they bring up some suds. The Padres shut off the tap on the first pitch. Beer is all right before the game, but somebody spilled a cup of brew on Bazzie's arm a couple of years ago and he knocked off post first pitch beer ever since.

The Padres don't even let in a concession man to sell suds to the thirsty troops on the press deck. And let me tell you, the mood gets dark and surly when you spend a dry six hours watching the local heroes get mugged on both ends of a hot Sunday double-header.

As for getting to see all the games free? Well, let me tell you. Those brave souls who cover the Padres on a day-to-day basis, having to write a story each and every day over a nine month season, have seen the Padres lose 699 games in seven seasons. Those who cover them at home only enjoy only half as much fun.

Think of what it means to watch the Chargers play at home and away the last six years or so?

And Basketball? Or the ins and outs of hockey? Watching your friends work like hell to save a franchise that can be upset, upended or written off at the whim of some guy that measures everything by the bottom line. If franchise owners of today lived 150 years ago, they'd probably own the ships that brought live cargoes from Africa.

But there is truth to one charge. You get to meet a lot of nice folks following the sports writin' dodge. And some of 'em are even athletes. Not many, but a few.

Sports where the players have to earn their way up from a minor league usually have the best bunch of friendlies. Instant millionaires fresh from college (or even high school, these days) have a hard time getting their beautiful bod's, fat wallets and large heads into one room. Who needs 'em.

Hard working portable pounders are usually a pretty fair bunch of guys, but the dandy's with tape recorders and/or TV camera crews in tow can be a pain in the posterior. Radio and TV guys generally don't know the game well enough to ask intelligent questions, but that doesn't mean they won't steal an answer when a hard working, honest writer zings home a high, hard question.

For the record, the above doesn't include the baseball "call the action" crowd. Unlike fans, players, beer salesmen and even reporters, gamecasters watch every play, record it properly and know better than anyone, save the managers, what the hell is going on.

However, the above blessing is not intended for network folks.

Now if, despite all this inside dope, you still want to become a sports writer, go to school and study law, labor relations, contracts, unionism, and collective bargaining. It'll help if you can type a little bit, too.

Who knows. By the time you're ready, booze might be back.

Motorbike Grand Prix Slated for Riverside

RIVERSIDE — The fourth annual Great Bear Grand Prix, for motorcycles through the streets of that resort town, is scheduled to be held at Riverside International Raceway the weekend of April 3-4.

An advance entry list of more than 1,800 riders has been attracted to the traditional spring motorcycle scrambles, including AMA Camel Pro Series star Dave Aldama, triple Baja off-road racing winners A. C. Baaken and Mitch Mayes (1000, 500 and SCORE Baja International) and three-time Riverside Great Bear Champ Jim Fishback.

The course for the two-day competition is a 10-mile loop, with about 70 per cent of it twisting across the dirt, over jumps and through water hazards and the rest on the pavement of Riverside's famed international road course.

There are 47 turns a lap.

Speeds will range from 5 mph through the devilish hairpins to 90 mph on the paved back straightway, averaging to about 40 mph in the fastest race. Each of four scrambles will be 100 miles in length or about two and a half hours long.

Scheduled: 9 a.m., small bore (100, 125 and 175 cc) class and women riders; 1 p.m. all sportsman classes (100 cc to open). Sunday, 9 a.m., novice classes (250 and 500 cc and open); 1 p.m., junior and expert divisions (250, 500 and open).

With as many as 500 riders starting each race, scoring under the supervision of the Orange County Motorcycle Club will be fed through a computer and verified by videotape.

NI Employee Wins \$139,000 Jackpot

TIJUANA — John Worthey could be excused for having his mind elsewhere this week where he works as an aircraft electrician at North Island, for he has collected a check for \$138,936 as the only person to correctly select six winners Sunday in Caliente's 5-10 handicapping contest.

Using a multiple ticket which cost him \$3, Worthey, age 40, picked the winners of the fifth through the tenth races—including Arizona Teddy which paid \$27.20 in taking the fifth race.

The payoff is an all-time high for the Tijuana track. The previous record was set in January when Ian Meikle, a Canadian lawyer, won \$132,146 with a \$24 multiple ticket. Worthey lives in San Diego.

Worthey is a bachelor and said he has no immediate plans for his new found wealth. "First I'll have to see how much Uncle Sam is going to allow me to keep and then I can start making some plans — particularly for my vacation in August," he said.

A 5-10 player for 15 years, Worthey attends the races regularly every weekend at the Tijuana track. He put his winning ticket in on Saturday since he did not intend to be at the track the next day.

Crew Classic Lists 24 Races In April 3 Meet

Nineteen of America's finest collegiate crew rowing teams will participate in San Diego's Fourth Annual Crew Classic on Saturday, April 3rd, in Mission Bay.

General chairman for the 1976 Crew Classic, Gary Fraser, reports that the following colleges will be represented and racing in four-oared and eight-oared events; Harvard, Long Beach State, Massachusetts Institute of Technology, Orange Coast College, Oregon State University, San Diego State University, Santa Clara University, Stanford, U.S. Naval Academy, British Columbia U.C. Berkeley, U.C. Irvine, U.C. Los Angeles, U.C. San Diego, U.C. Santa Barbara, U. of Pennsylvania, USC, U. of Washington and U. of Wisconsin.

There will be a total of 24 races beginning at approximately 8:15 a.m. and continuing through the final championship races in eight-oared shells in the early afternoon.

Aztecs Get Star Center Hoopster

Fred Branch, a powerful 6-9, 220 center, has signed an institutional basketball letter to play for San Diego State next season.

Branch is currently enrolled at Arizona Western College in Yuma where he led his team to the Arizona Community College Athletic Assn. title. The Matadors also won the Western Regional Playoffs and advanced to the National Junior College Playoffs in Hutchinson, Kansas where they were eliminated in the early rounds.

He averaged 18.2 points and 15.0 rebounds at Arizona Western this season and 17.0 points and 12.0 rebounds last year. He is also considered an excellent defensive player and a fine shot blocker. He prepped at Taft High School in the Bronx, New York.

Room for Improvement

North Carolina state employees may be paid up to \$1,000 for suggestions on how to make the government more efficient.

BMX Members Only in Next Rancho SD Race

Lou Szuch reported a record turnout at Sunday's Rancho San Diego Bicycle Motocross (BMX) races.

Next race is held April 11 for all currently registered members only. Registration will be held from 8 to 10 a.m. with races to follow at 10:30. The track is located off Rt. 94, 1/2 mile west of Cottonwood Golf Course in Rancho San Diego.

1,2,3,4,5 Listed On Golfer's Card

Talk about making an auspicious debut, Jack Kirby's new Lucky 7-11 Shamrock golf ball (7 and 11 are the only numbers) made one that will be tough to beat.

Kirby, president of Shamrock Golf Co., told actor-singer Howard Keel, "Here, try a Lucky 7-11 Shamrock ball," as Keel prepared to hit on the 155-yard third hole at Bel-Air CC in L.A.

Keel promptly canned the 7-iron shot for a hole-in-one. He then made birdie deuce on the fifth hole and a par-3 on the rugged 10th. Howard lost his Lucky 7-11 Shamrock ball (no blarney) on the 11th hole, then bogeyed the 13th.

Keel, unfortunately, completed his arithmetic progression — with a double-bogey on the 16th. For the five par-3 holes, incredibly, he went 1-2-3-4-5.

Keel's ace was his second but his first in 20 years.

The Shamrock Lucky 7-11 ball is a 90 compression Surlyn covered ball with sonic woven rubber threads and a polybutadiene center. Besides these features, Kirby maintains the Lucky 7-11 brings more luck.

The Shamrock Lucky 7-11 is available at golf pro shops.

Little League Sponsors Dance On OTD Evening

Lemon Grove Little League will put the nightcap on a busy first day of the Old Time Days celebration beginning Saturday, April 3, with a dance at the Lemon Grove VFW Hall, 2885 Imperial ave., from 8:30 p.m. to 1 a.m.

The dance follows the Bicentennial Parade (11 a.m.) and a barbecue at St. Phillips Church (1-7 p.m.). Tickets, \$2.50 donation a person, can be purchased from Little League officials, at the door, or at the Lemon Grove Chamber of Commerce office, 3415 Imperial ave., weekdays from 9 a.m. until 2 p.m.

Several door prizes will be awarded throughout the evening and music will be provided by "The Sheriff's Band."

Lemon Grove Little League will officially kick-off the 1976 season with colorful opening ceremonies and several brief "games" on Sunday, April 11, beginning at 1 p.m. at the Little League Field, adjacent to Monterey Heights School.

KFME radio personalities, Hudson and Bauer, will be special guests at the kick-off that is open to the public.

Two-inning games featuring all Major League and Intermediate teams will be played.

Headlight Missing

A selective thief cost Peter Brook Willford a \$25 headlight from his 1976 Yamaha.

During the weekend someone removed the light without breaking the wires or the bracket. The motorcycle was left in the apartment parking lot at 9767 Dale ave., Spring Valley.



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Grand Prix West is 3-Day, Long Beach Event

The United States Grand Prix West, attracting some of the world's foremost racers, will climax three days of race activities this weekend on the blocked-off streets of Long Beach.

The event will reach its climax Sunday starting at 1:15 p.m. when the "Run for the Roses" starts.

Qualifying and practice starts Friday at 11 a.m. for both Formula One cars and motorcycles. Events finish at 5.

On Saturday, there are more qualifying events starting at 10 a.m. with a fireworks display completing Saturday's events at 8:15.

Sunday, the Big Day, opens at 10 a.m. with a Formula One warmup followed by a pre-race parade and a precision parachute team exhibition.

At noon, an air show and fly-by is programmed. At 12:30 the Kawasaki Grand Prix for 750 cc motorcycles will get under way.

And at 1:15 the main course is dished up.

The roped off areas along the race course will accommodate 90,000 fans, the sponsors say.

Cubs, Giants, Indians Test Padres in Yuma

Spring training camps all over the country have finally hit high gear as exhibition games got under way Wednesday.

The San Diego Padres get underway just in time to get in the entire second and final homestand in Yuma by hosting the Chicago Cubs, San Francisco Giants and Cleveland Indians for six games.

San Diego will test the Cubs Thursday, the Giants Friday and Saturday, and the Indians Sunday and Monday.

Following the homestand, the Padres will be off to Palm Springs for two games with the California Angels and then into the Phoenix area for six more contests through April 6. After the April 6 encounter with the Milwaukee Brewers

in Sun City, the Padres will return home to San Diego for a special April 7 meeting with the five-time defending AL Western Division champion Oakland A's. Apart from their string of divisional titles, the A's took the honors in the 1972-73-74 World Series.

In all, the Padres will be able to get in 15 exhibition games, just over half the regularly scheduled 27 contests.

San Diego will be meeting the Cubs four times, the A's and Giants three times, Indians and Angels twice and the Brewers once.

All Padre Spring Exhibition games will be broadcast live over KOGO (600) with Jerry Coleman and Bob Chandler handling the play-by-play.

Aztec Spikers To Host LB State In Friday Game

A spot in the Western Regionals could be at stake this week as the San Diego State volleyball team hosts Long Beach State in a crucial Southern California Intercollegiate Volleyball Association match Saturday at 7:30 p.m. in Peterson Gym.

The Aztecs are 3-4 in SCI-VA play and 4-5 overall, while Long Beach State takes a 4-3 conference record and a 6-3 overall mark into Friday's game.

Five games remain in the SCIVA season for the Aztecs, but Friday's contest will be the last home match of the year for San Diego State and thus becomes a must win game. San Diego State still has road games to play against playoff hopefuls Pepperdine, UC Santa Barbara and UCLA and conference cellar-dweller Loyola.

The first place team from the SCIVA qualifies for the NCAA Playoffs automatically, while the next four teams in the conference advance to the Western Regionals. USC is also in the playoff pictures.

Earlier in the season Long Beach State dumped the Aztecs 3-0 by scores of 15-12, 16-14, 15-8 in the 49er gym.

Hocking, Romero Due at SB Track

Rick Hocking, the current national points leader from Fremont, and former national titleholder Gene Romero of San Luis Obispo have filed early entries to compete in an expected 100-rider motorcycle program in the third annual Cal Rayborn Memorial races Sunday at 2 p.m. at South Bay Park Speedway.

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Windsor Combback Rocker (rare) Child's Pine Chest
Pine deacons bench, spindleback Walnut Victorian Sofa
Burled Walnut Table, 2 drawers Walnut Tea Cart
Large burled walnut mirror Golden oak roll-top desk
Round Oak Table, 6 pressed back chairs Pine doughbox
Square oak table, 5 legs, 2 leaves Swivel desk chair
Pine blanket chest Oak Dental Cabinet
Set of 6 Penn. Dutch Pine Chairs Pine Hutch Table
Walnut Spinning Wheel Pine Apothecary Chest
Walnut Captains desk Maple dropleaf lamp table
Buckboard bench Cherry dropleaf table, 4 chairs
Pine Chest, 5 drawers Golden Oak High Boy
Oak Fern Stand Brigham Young Rocker
Oak Hall Tree

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"Gone With the Wind" Lamp Brass Rayo Lamp
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Two Local Men Win Auto Awards

Of some 1,500 Ford auto technicians in the Southern California Dealers Assn., two Corral Ford associates won top prizes in a workmanship excellence contest sponsored by the assn., according to Don La Roux and Lyle Contway owners of the Corral firm.

There were 10 prizes in all — 8 for merchandise and 2 trips to Switzerland by air.

Winner of one of the two trips was John Hendren, of San Diego, a 3-year employee of the firm. Winner of one of eight merchandise prizes was Ed Szwab, of 3581 West st., Lemon Grove, a veteran of 6 years with the firm. His prize was for \$100.

Out of a possible 5,000 score, Szwab's ability was measured at 4.882 and Hendren's at 4.901.

The awards were made Saturday at the Marriott Hotel in Newport Beach.

Veteran County Attorney to Retire

Robert G. Berrey, County Counsel for San Diego County says he will retire March 30, after 25 years of County work.

County Counsel acts as attorney and legal advisor to the Board of Supervisors, all County agencies and departments, school districts and special districts within the County.

The office consists of 27 attorneys.

The County's Personnel Department has begun a statewide solicitation of applicants to fill the position of County Counsel upon Berrey's retirement. Applicants must be members of the California Bar.

Gas Stations Dwindle

Since the onset of the energy crisis in late 1973, service stations in California have been going out of business at an accelerating rate, the State Board of Equalization noted recently. Since 1971 17 per cent of the state's filling stations have closed.

Interestingly, though, the number of pumps in the state have increased, mostly due to the trend toward larger stations and additional pumps for unleaded and low lead gasoline.



JAWS — The hydraulic prying tool in action. Lemon Grove firemen test the new "Jaws of Life" rescue tool which removed the doors and roof of the test vehicle in less than ten minutes. The demonstration was part of a training session for Provisionary Fireman

Bruce Brackman, supervised by Captain Ed Hayman and Fireman Danny Mark. The tool, with the aid of quick-changing attachments, can pry, shear, yank and lift wreckage in minutes.

LG Fire Dept. Demonstrates How 'Jaws of Life' Will Save Lives

By Lee Karalis

In a recent training session at Lemon Grove Motors, the Lemon Grove Fire Department demonstrated their new Hurst Portable Hydraulic Power Tool, more commonly known as "The Jaws of Life."

In the demonstration-training session, Provisionary Fireman Bruce Brackmann, along with fireman Danny Mark, Captain Ed Hayman and Chief Robert Adams, used "Jaws" to pry open two wrecked automobiles.

The tool is made up of a hydraulic compressor, a scissors-like tool with several interchangeable attachments including prying tips and metal shears. The pryer can also be used as a jack to lift up to 10,000 pounds a foot or more

off the ground. The metal shears can cut through nearly all types of metal.

6 1/2 Minutes

The first step of the demonstration was to pry off the doors so that first aid could be administered to any supposed victims. In an unofficial timing, the two doors were totally removed in six and one-half minutes. In the second step, had the accident required it, the roof would have been

cut off by changing the prying attachment to the cutting shears. This last step took two and one-half minutes, including the change of tool attachments.

The times mentioned do not give actual times that every accident would take as each case is different, involving more or less time, depending on the accident.

Accident Calls For 'Jaws'

The Department has had "Jaws" for a month now, but has not had to use it. A San Miguel ave. accident in March of last year, which seriously injured one woman, prompted the purchase of the tool. In that accident, firemen had to cut a door latch area and its hinges with a K-12 saw and a torch, cut and remove the back of the passenger seat, and use bolt cutters to cut the clutch pedal before the victim could be removed for first aid.

Captain Hayman feels that precious time will be saved with "Jaws" and will save lives that might otherwise be lost due to the critical time factor involved in getting victims out of the wrecked vehicle and under first aid treatment.

Taxpayers' Group Formed in S.D.

Formation of a countywide citizens organization, Taxpayers For Responsibility In Government, (TRIG), has been formed in San Diego.

A membership, comprised of property owners, farmers, laborers, businessmen and housewives have banded together in the organization which is dedicated to the protection of property rights, employment, environment and as a spokesman for overburdened taxpayers.

"Our door is open to all," said Larry Van Dusen a north county rancher and President of TRIG. "It concerns everybody when taxes escalate, when senior citizens can't afford to retire on their own property, when jobs are lost because needed housing can't be built for our own local citizens, and when property rights are taken away. As individuals we fight a losing battle against the Bureaucracy. TRIG is an organization that will allow individuals to express their concerns in a manner that will be heard."

Advisory Board

An Advisory Board of prominent citizens has been named to assist TRIG. The board includes: Bruce Hazard, president, Hazard Construction Co.; Dave Snyder, past president Board of Realtors; Don Worley, San Diego attorney; Colin Bell, president Building Trades Council (AFL-CIO); Mrs. Bettie Kujawa, Coronado civic leader; Frank DeVore, director of governmental affairs-SDG&E; Ray Lussa, businessman; Frank Thornton, advertising executive and Chuck Kerch, Pacific Beach businessman.

LG Youth Faces Car Bomb Charge

A Lemon Grove youth has been ordered to stand trial for allegedly attempting to blow up the car belonging to James Finch, a vice principal at Mt. Miguel High school.

Vincent Broesch, 19, of 1631 Woodrow ave., was charged as a bomb suspect after a pipe bomb was found under Finch's car on May 18.

Broesch has been ordered to appear in a San Diego Superior Court Tuesday.

Serious U.S. Crime Up 9%, Attorney General Says

Reported serious crime in the United States in 1975 was 9 per cent higher than in 1974, Attorney General Edward H. Levi is expected to announce today. This compares with a national increase of 18 per cent in 1974 over 1973, Levi said.

The latest figures covering calendar 1975 were contained in the FBI's Uniform Crime Reports, released today by FBI Director Clarence Kelley.

Too High

"While the per cent increase in reported serious crime in the nation was only half as great as it was in 1974, the levels of crime remain much too high," Levi said. "All segments of the criminal justice system must continue to improve their efforts to reduce them."

Kelly said the crime figures were based on the Crime Index, composed of the offenses of murder, forcible rape, robbery, aggravated assault, burglary, larceny-theft and motor vehicle theft. The information was furnished by city, county and state law enforcement agencies.

Kelly said the violent crimes of murder, forcible rape, robbery and aggravated assault increased 5 per cent as a group. Aggravated assault and robbery each rose 5 per cent and forcible rape increased 1 per cent.

Property Crimes Up

Property crimes, consisting of burglary, larceny-theft, and motor vehicle theft, rose 9 per cent. Larceny-theft was up 12 per cent, while burglary and motor vehicle theft were

Bill Would End Property Taxes For Most Seniors

Assemblyman Bob Wilson of La Mesa has introduced a bill that abolishes property taxes for low income senior citizens and provides funds for cancer research.

The bill would increase the California Cigarette Tax by 3 cents a package and raise an estimated \$90 million a year in additional state revenues, he said.

"It is my intention that two-thirds of this money, or \$60 million a year, be used to completely abolish property taxes for Senior Citizens, over 62, with yearly incomes of \$7,500 or less," he said. "Senior Citizens with yearly incomes up to \$12,000 would pay reduced property taxes computed on a 'sliding scale.'"

Household Income	Tax Returned
\$7,500	100%
7,750	95
8,000	90
8,250	85
8,500	80
8,750	75
9,000	70
12	12
Increments	Reductions
of \$250 each	of 5% each
to \$12,000	to 5

"The other third, or \$30 million a year, would be used to fund research into the causes and cures of lung cancer and heart disease," he said.

It would cost the average smoker less than one dollar a month, but would raise more than \$90 million each year in additional state revenues.

"This one dollar a month is like a life insurance premium. This money could help save your life or the life of someone you love by helping to find a cure for lung cancer and heart disease," he said.

Natural Gas Refund Due on April Billing

If April's gas bill is lower than expected it will probably be due in part to a recent decision made by the California Public Utilities Commission (PUC). Last week the PUC authorized San Diego Gas & Electric Co. to refund \$325,000 it collected in December and January to secure rights to future Northern Alaska gas under a now defunct contract between Southern California Gas Co. (SDG&E's supplier of natural gas) and Atlantic Richfield.

Refunds will be credited to April bills based on actual consumption by each customer between December 7 and January 12.

LEGAL NOTICES

NOTICE OF BULK TRANSFER

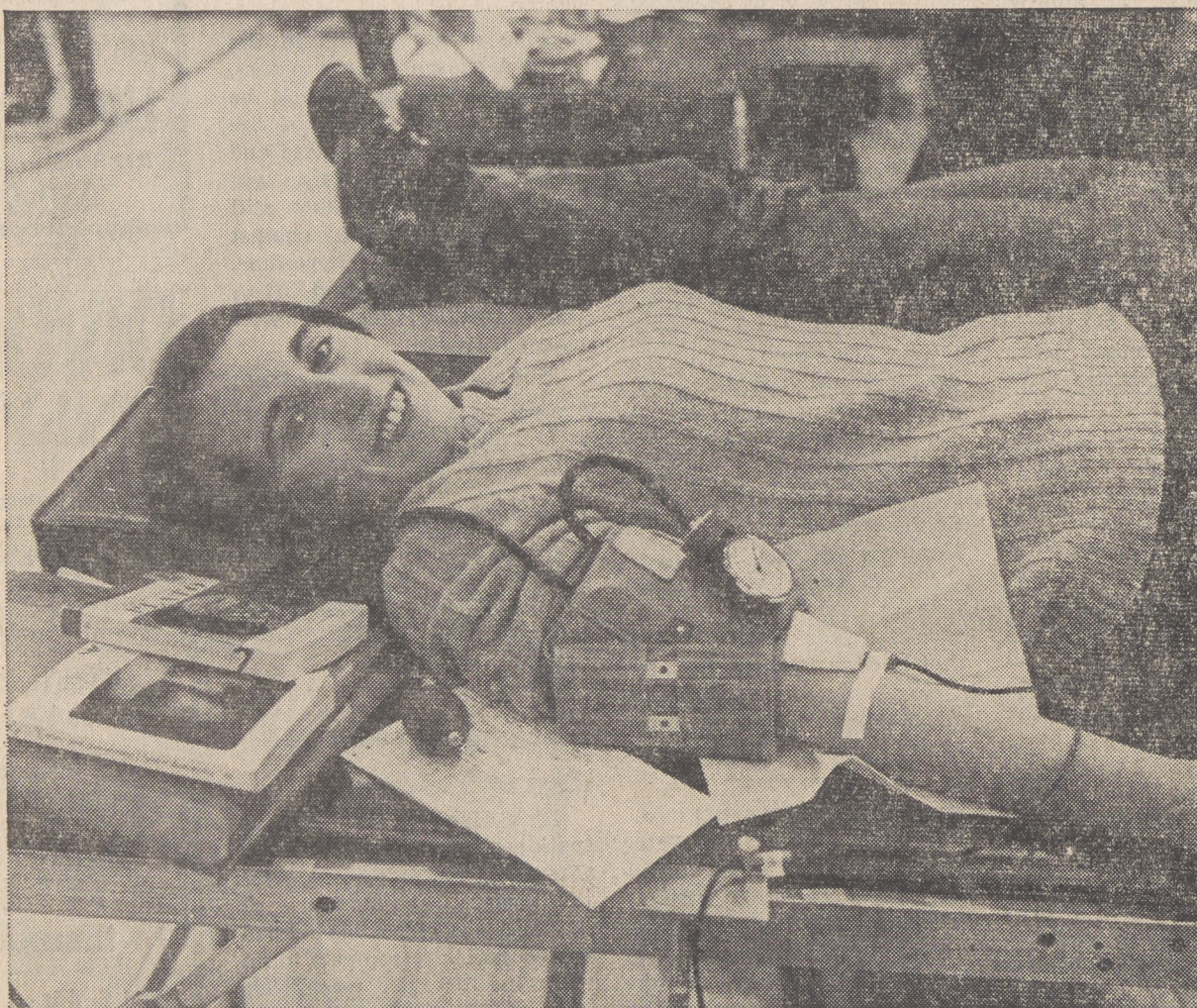
To Creditors of DOROTHY L. STEPPLE, Transferor:

You and each of you, pursuant to Sections 6105 and 6107 of the Uniform Commercial Code are HEREBY NOTIFIED as follows:

- The Transferor is about to transfer to the undersigned JOE R. ISHIZAKI and PRISCILLA M. ISHIZAKI, Husband and Wife, as Community Property, as to an undivided 1/2 interest and WALLACE J. MORISHIGE and DONNA K. MORISHIGE, Husband and Wife, as Community Property, as to an undivided 1/2 interest, Transferees, in bulk: All or a substantial part of the materials, supplies, merchandise, equipment, fixtures or other inventory of the said transferor now located at that certain business known as 25 Cent Wash, located in the San Altos Shopping Center, at 1803 Massachusetts Avenue, Lemon Grove, California 92045, all as more particularly described in a schedule which, with a list of transferor's creditors, is on file and open for inspection and copying by any

Continued on Page 7

Lie down and be counted.



In America, 3% of the people give 100% of all the blood that's freely donated.

Which means that if only 1% more people—maybe you—became donors, it would add over thirty percent more blood to America's voluntary bloodstream. Think of it!

But forget arithmetic. Just concentrate

on one word.

The word is Easy.

Giving blood is easy. You hardly feel it (in fact, some people say they feel better physically after a blood donation).

And, of course, everybody feels better emotionally.

Because it's a great feeling knowing your one easy blood donation has helped up to five other people to live.

So how about it, 1% of America? Are you going to lie down and be counted?

Call your local Red Cross Chapter, or your community's volunteer blood bank. We need you now.

**Red Cross.
The Good Neighbor.**

LEGAL NOTICES

Continued from Page 6

creditor at all reasonable hours at Silver Crest Escrow Corp., 591 Camino de La Reina, San Diego, California.

2. The names and business addresses of the transferor and the transferee are as follows:

Transferor: Dorothy L. Steppeler, 13358 Marjay, Lakeside, California 92040.

Transferees: Joe R. Ishizaki and Priscilla M. Ishizaki, and Wallace J. Morishige and Donna K. Morishige.

All other business names and addresses used by the transferor within three years last past, so far as known to the transferees, are: None.

3. The location and general description of the property to be transferred is: All fixtures, equipment of that certain business known as 25 Cent Wash, located at 1803 Massachusetts Avenue, Lemon Grove, California.

4. The bulk transfer is to be consummated at Silver Crest Escrow Corp., 591 Camino de La Reina, San Diego, California, on or after April 2nd, 1976.

Dated: March 18, 1976.

Joe R. Ishizaki
By: Wallace J. Morishige
His Attorney in Fact
Priscilla M. Ishizaki
By: Wallace J. Morishige
His Attorney in Fact
Wallace J. Morishige
Donna K. Morishige

LW 0352 Lemon Grove Review, March 25, 1976

NOTICE OF PUBLIC SALE

Notice is hereby given that the undersigned will, at 9 a.m. on the 2nd day of April, 1976, at 7904 Broadway, Lemon Grove, County of San Diego, State of California, sell at public auction to the highest bidder for cash, the following vehicle:

1968 Chevrolet 3/4 ton Pickup License No. 58157A VIN No. CS2482115219 Pacific Finance Loans 7904 Broadway Lemon Grove, Ca. 92045 L.G. Review, March 25

NOTICE TO CREDITORS OF BULK TRANSFER

(Secs. 6101-6107 U.C.C.)

Notice is hereby given to the creditors of MAURICE J. HETU and MARCEL J. HETU, Transferors, whose business address is 1111 Sweetwater Road, Spring Valley, County of San Diego, State of California, that a bulk transfer is about to be made to ALBERT F. ASKEW and GLENDA B. ASKEW, Transferees, whose business address is 6482 Hillgrove Road, San Diego, County of San Diego, State of California.

The property to be transferred is located at 1111 Sweetwater Road, Spring Valley, County of San Diego, State of California.

Said property is described in general as: All stock in trade, fixtures, equipment and good will of that cocktail lounge business known as MAURICE J. HETU, ROADS, and located at 1111 Sweetwater Road, Spring Valley, County of San Diego, State of California.

The bulk transfer will be consummated on or after the 22nd day of April, 1976, at 3 A.M. at Professional Escrow Services, 311 Laurel Street, San Diego, County of San Diego, State of California.

So far as known to the Transferees, all business names and addresses used by Transferees for the three years last past, are: None.

Dated: March 18, 1976.

Signed by:
Albert F. Askew
Glenda B. Askew
Transferees

S 13234 Spring Valley Bulletin, March 25, 1976

COUNTY OF SAN DIEGO

NOTICE TO CONTRACTORS

Sealed proposals will be received at the Office of the Board of Supervisors, Room 306, County of San Diego Administration Center, 1600 Pacific Highway, San Diego, California, 92101, until 2:00 P.M. on Thursday, April 8, 1976, at or about which time they will be publicly opened and read in the same building in the Board of Supervisors Chambers, for maintenance in accordance with the specifications thereto of portions of County Highways as follows:

SLURRY SEALING VARIOUS STREETS IN THE COUNTY OF SAN DIEGO, ROAD MAINTENANCE DIVISION I, WORK ORDER NO. 469068; S.U. 244

ENGINEER'S ESTIMATE

Item Quantity Description
1. 2,730 Ton Slurry Seal

The foregoing quantities are approximate only, being given as a basis for the preparation of bids, and the Board of Supervisors does not, expressly or by implication, agree that the actual amount of work will correspond therewith, but reserves the right to increase or decrease the amount of any class or portion of the work, as may be deemed necessary or expedient by the said Board of Supervisors.

In accordance with Section 1770 of the California Labor Code, the Board of Supervisors has determined the prevailing basic rate of per diem wages, inclusive of fringe benefits, a copy of which may be seen in the Office of the Clerk of the Board of Supervisors (Document No. 502457).

The attention of Bidders is directed to the section of the Contract Documents which outlines Affirmative Action Requirements for equal employment opportunity. At the time of submission of the Bid, each Bidder must furnish to the County his completed and signed "Bidders' Certification". Prior to the award of any subcontract of \$10,000 or over, the prime contractor must likewise obtain and furnish to the County a "Subcontractors' Certification" from each such prospective subcontractor.

All proposals or bids offered shall be on the forms of proposals and bonds as prepared by the County of San Diego and shall be accompanied by a certified or cashier's check, payable to the order of the County of San Diego, or a bond, as is required by law, for an amount not less than ten (10%) percent of the aggregate of the proposal. Additional Bidder's Bond Forms may be obtained at the Department of Transportation.

No award will be made to a Contractor who is not licensed under Chapter 9, Division 3, Business and Professional Code, or to whom a proposal form has not been issued.

The successful bidder, simultaneously with execution of the contract documents, will be required to furnish a Payment Bond for Public Works in an amount equal to fifty (50%) percent and a Performance Bond in an amount equal to one-hundred (100%) percent of the contract price, each secured from a surety company satisfactory to the Board of Supervisors, and on the form contained in the Contract Documents.

The Contract Documents, which includes Plans and Specifications, may be examined at the San Diego County Department of Transportation, Building 2, Room 184, 5555 Overland Avenue, San Diego, California. A copy of the Contract Documents may be obtained at said Office upon payment of \$3.00 plus tax. If payment is made by check, it should be made payable to the "County of San Diego". NO REFUND WILL BE MADE.

A copy of the publication "Equipment Rental Rates" of January 1976 may be obtained at said Office upon request.

The attention of bidders is particularly directed to the provisions of Sections 8-1.01 and 8-1.02 of the Standard Specifications regarding subcontracting and assignment of the contract, respectively.

The Board of Supervisors reserves the right to reject any or all bids, and the right to waive irregularities or informalities in any bonds or in the bidding.

Porter D. Cremans

LEGAL NOTICES

equal to one-hundred (100%) percent of the contract price, each secured from a surety company satisfactory to the Board of Supervisors, and on the form contained in the Contract Documents.

The Contract Documents, which includes Plans and Specifications, may be examined at the San Diego County Department of Transportation, Building 2, Room 184, 5555 Overland Avenue, San Diego, California. A copy of the Contract Documents may be obtained at said Office upon payment of \$3.00 plus tax. If payment is made by check, it should be made payable to the "County of San Diego". NO REFUND WILL BE MADE.

A copy of the publication "Equipment Rental Rates" of January 1976 may be obtained at said Office upon request.

The attention of bidders is particularly directed to the provisions of Sections 8-1.01 and 8-1.02 of the Standard Specifications regarding subcontracting and assignment of the contract, respectively.

The Board of Supervisors reserves the right to reject any or all bids, and the right to waive irregularities or informalities in any bonds or in the bidding.

Porter D. Cremans

Clerk of the Board of Supervisors County of San Diego 306 County Administration Center, 1600 Pacific Highway, San Diego, California 92101

L.G. Review, March 25; April 1

AT THE REGULAR MEETING of the Board of Directors of the RANCHO SAN DIEGO ASSOCIATION, held October 21, 1975, the following Amendments to the Declaration of Covenants, Conditions and Restrictions for RANCHO SAN DIEGO were approved by a vote of fifty-one percent (51%) of each class of Directors and written notice thereof is hereby given to the SWEETWATER VILLAGE ASSOCIATION and is hereby published pursuant to ARTICLE II, Section 7, Subsection (a) (1) and (b) of said Declaration of Covenants, Conditions and Restrictions:

1. The first nine words of the third sentence of Section 9 of Article II is amended as follows: "On or before August 1st in each year."

2. Section 4 of Article II is amended to add a new Subsection (e) thereto as follows: "(e) During any period of time after an Owner has acquired Lot improved with a completed residential structure, but before said Lot and completed residential structure has been assessed by the San Diego County Assessor, the term 'Assessed Valuation' shall mean the gross sales price of each such Lot and completed residential structure."

3. Section II of Article II is amended to add thereto a new third sentence as follows: "The Master Association shall, in its discretion, impose and levy a late charge in an amount not to exceed five dollars for each and every delinquent assessment if the payment of assessment is not postmarked on or before the tenth of the month in which the assessment is due. Said late charge(s) so imposed and levied shall be deemed and constitute an 'assessment' and may be enforced as herein provided."

4. Section 4 of Article VIII entitled "Project Agreement" is hereby deleted in its entirety.

5. Section 3 of Article XI is hereby deleted in its entirety and Sections 9 and 10 of said Article XI shall be renumbered Sections 8 and 9 respectively.

6. Section 2 of Article VIII is hereby amended to add thereto a new Subsection (e) as follows: "(e) Any provision of this Declaration to the contrary notwithstanding, the Master Association Board shall have the right to amend this Declaration or any part thereof at any time provided said amendment is solely for the purpose of complying with the laws, regulations and rules of the Federal Housing Administration, the Veterans' Administration, the Department of Real Estate of the State of California and/or any other governmental body having jurisdiction over the real property subjected to this Declaration."

L.G. Review, March 25

AT THE REGULAR MEETING of the Board of Directors of the RANCHO SAN DIEGO ASSOCIATION, held October 21, 1975, the following Amendments to the BY-LAWS of the Rancho San Diego Association were approved by a vote of fifty-one percent (51%) of each class of Directors and written notice thereof is hereby given to the SWEETWATER VILLAGE ASSOCIATION and is hereby published pursuant to ARTICLE II, Section 7, Subsection (a) (1) and (b) of said Declaration of Covenants, Conditions and Restrictions:

1. Section 8 of Article VI is hereby amended to read as follows: "Section 8. REGULAR MEETINGS.

Regular Meetings of the Board of Directors shall be held on the Second Tuesday in each of the months of March, June, September and December. The meeting shall be held at 3:00 P.M. unless the same shall be changed by a call of the meeting and notice to all directors. If said day shall fall upon a holiday, the meeting shall be held on the next succeeding business day."

2. Section 1 of Article X is hereby amended by deleting the second paragraph thereof in its entirety.

3. Section 4 of Article IX is hereby amended to read as follows: "Section 4. FISCAL YEAR

The fiscal year of the Master Association shall be October 1st through September 30th, or such other fiscal year as may hereafter be determined by the Board of Directors."

L.G. Review, March 25

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 76-2633

The following persons are doing business as: LOCK-IT LOCKERS at 256 Witherspoon Wy. Ste. 0 El Cajon, Ca. 92020

Joseph M. Grassi, 9911 Fuerte Dr., La Mesa, Ca. 92041 Allan D. Murray, 3110 Florence Terrace, Spring Valley, Ca. 92077

This business is conducted by a general partnership.

Signed Joseph M. Grassi Allan D. Murray

This statement was filed with the County Clerk of San Diego County on March 15, 1976

Expires Dec. 31, 1981 L.G. Review, March 25; April 1, 8, 15

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 76-2784

The following person is doing business as: Thermo-Tech at 1011 Leslie Rd. No. 11, El Cajon 92020

Stephen Eugene Wallace, 1011 Leslie Rd. No. 11, El Cajon 92020

This business is conducted by an individual.

Signed Stephen Wallace - Proprietor

This statement was filed with the County Clerk of San Diego County on March 15, 1976

Expires Dec. 31, 1981 L.G. Review, March 25; April 1, 8, 15, 1976

NOTICE TO CREDITORS

No. 1276 of the State of California, for the County of San Diego

In the Matter of the Estate of FREDERICK J. VALLEE, also known as FREDERICK JOSEPH VALLEE, JOE VALLEE and F. J. VALLEE, Deceased.

Notice is hereby given to creditors having claims against the said decedent to file said claims in the office of the clerk of the undersigned at the office of the Trust Department of California First Bank, Post Office Box 109, San Diego, California 92112, which latter office is the

LEGAL NOTICES

Clerk of the Board of Supervisors County of San Diego 306 County Administration Center, 1600 Pacific Highway, San Diego, California 92101

L.G. Review, March 25; April 1

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3. Section II of Article II is amended to add thereto a new third sentence as follows: "The Master Association shall, in its discretion, impose and levy a late charge in an amount not to exceed five dollars for each and every delinquent assessment if the payment of assessment is not postmarked on or before the tenth of the month in which the assessment is due. Said late charge(s) so imposed and levied shall be deemed and constitute an 'assessment' and may be enforced as herein provided."

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L.G. Review, March 25

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L.G. Review, March 25

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FILE NO. 76-2633

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This business is conducted by a general partnership.

Signed Joseph M. Grassi Allan D. Murray

This statement was filed with the County Clerk of San Diego County on March 15, 1976

Expires Dec. 31, 1981 L.G. Review, March 25; April 1, 8, 15

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FILE NO. 76-2784

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Stephen Eugene Wallace, 1011 Leslie Rd. No. 11, El Cajon 92020

This business is conducted by an individual.

Signed Stephen Wallace - Proprietor

This statement was filed with the County Clerk of San Diego County on March 15, 1976

Expires Dec. 31, 1981 L.G. Review, March 25; April 1, 8, 15, 1976

NOTICE TO CREDITORS

No. 1276 of the State of California, for the County of San Diego

In the Matter of the Estate of FREDERICK J. VALLEE, also known as FREDERICK JOSEPH VALLEE, JOE VALLEE and F. J. VALLEE, Deceased.

Notice is hereby given to creditors having claims against the said decedent to file said claims in the office of the clerk of the undersigned at the office of the Trust Department of California First Bank, Post Office Box 109, San Diego, California 92112, which latter office is the

LEGAL NOTICES

place of business of the undersigned in all matters pertaining to said estate. Such claims with the necessary vouchers must be filed or presented as aforesaid within four months after the first publication of this notice.

Dated March 11, 1976

California First Bank Executor(s) of the will of said decedent.

by: David Hawkins, Trust Officer

S H BUTTZ Attorney-at-Law 1104 San Diego Trust & Savings Bldg., San Diego, Ca. 92101 233-2185

S13158 Spring Valley Bulletin, March 18, 25; April 1, 8

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 76-2654

The following persons are doing business as: Health Hut at 9905 Campo Road, Spring Valley, Ca. 92077

Lorraine Winebarger 4364 North Rogers Spring Valley, Ca. 92077

Charles D. Winebarger 4364 North Rogers Spring Valley, Ca. 92077

This business is conducted as an individual.

Signed Lorraine Winebarger

This statement was filed with the County Clerk of San Diego County on March 16, 1976

Expires Dec. 31, 1981 S.V. Bulletin March 18, 25, April 1, 8

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 76-2655

The following person is doing business as: Dillon Sales at 2122 Coach Drive, Spring Valley, Calif. 92077

Elbert R. Dillon 2422 Coach Drive Spring Valley, Calif. 92077

This business is conducted by an individual.

Signed Rocky Dillon

This statement was filed with the County Clerk of San Diego County on March 16, 1976

Expires Dec. 31, 1981 S.V. Bulletin March 18, 25, April 1, 8

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 76-2540

The following persons are doing business as: WEG'S ELECTRICAL REPAIR at 3732 BANCROFT DRIVE, SPRING VALLEY, CALIFORNIA 92077

LAWRENCE A. MORLAN, 3732 BANCROFT DRIVE, SPRING VALLEY, CALIF. 92077

DIANTHA C. MORLAN, 3736 BANCROFT DRIVE, SPRING VALLEY, CALIF. 92077

This business is conducted by CO-OWNERS

Signed Dianta C. Morlan

This statement was filed with the County Clerk of San Diego County on Mar. 12, 1976

Expires Dec. 31, 1981 S13171 Spring Valley Bulletin, March 18, 25; April 1, 8

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 76-1576

The following person is doing business as: J.E. Enterprises at 8428 Lockland Court (Mailing Address) P.O. Box 1116, Spring Valley, Ca. 92077

Judith J. Bustin, 8428 Lockland Court, Spring Valley, Ca. 92077

This business is conducted by an individual.

Signed Judith J. Bustin

This statement was filed with the County Clerk of San Diego County on Feb. 17, 1976

Expires Dec. 31, 1981 Spring Valley Bulletin, March 18, 25; April 1, 8

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 76-1670

The following person is doing business as: The Red Lion Antiques at 448 W. Market, San Diego, Ca. 92101

Mary Rose O'Connor 2530 W. Market St. Lemon Grove, Ca.

This business is conducted by an individual.

Signed Mary Rose O'Connor

This statement was filed with the County Clerk of San Diego County on Feb. 19, 1976

Expires Dec. 31, 1981 L.G. Review March 11, 18, 25 & April 1, 1976

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 76-1143

The following person is doing business as: Aqueduct Rain Gutters at 8218 Golden Ave., Lemon Grove

Jerold L. Conrad 8218 Golden Ave. Lemon Grove

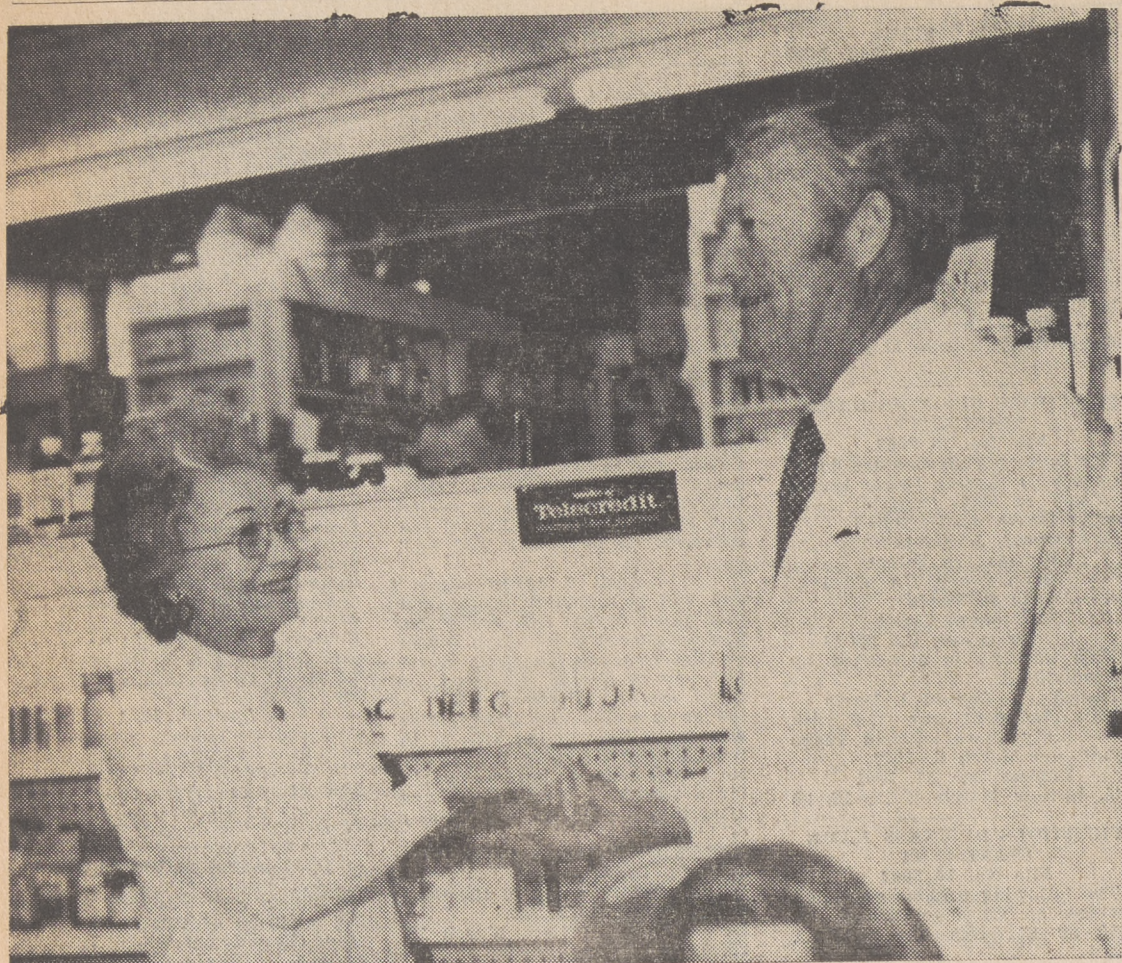
This business is conducted by an individual.

Signed Jerold L. Conrad

This statement was filed with the County Clerk of San Diego County on February 3, 1976

Expires Dec. 31, 1981 L.G. Review March 11, 18, 25, April 1

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME



CHANGEOVER — Mrs. Ruth (Mike) Carlen hands keys to the new owner of the Lemon Grove Rexall Drug store — Richard Sunkel of San Diego, after being associated with the store 19 years. Mr. and Mrs. Sunkel have operated pharmacies in San Diego for the past 25 years. They still operate the Ace Pharmacy.

Illegal Alien Hiring Bill Passage Likely

A sudden turnabout by a key U. S. Senator virtually assures success for legislation to make it a federal offense to hire knowingly an illegal alien, Rep. Lionel Van Deerlin, said Thursday.

Van Deerlin wrote Sen. James O. Eastland, D-Miss., to thank him for introducing a bill to penalize such employers.

Such legislation has been approved by the House twice in the past five years, but each time the bill was allowed to die in the Senate Judiciary Committee, which Eastland chairs.

Van Deerlin told Eastland he was "delighted" the senator is finally backing the bill. "Your wise action in introducing (the bill) will be applauded in the area which I represent," the South Bay congressman said.

Van Deerlin said illegal aliens put a \$50 million-a-year burden on the San Diego area economy, "mainly by taking jobs that otherwise would be held by U. S. citizens or legal

resident aliens." There is no provision in existing federal law for punishing persons who knowingly give jobs to illegals.

The San Diego Gateway
Van Deerlin said about one-third of all the illegal aliens apprehended along the entire length of the U. S.-Mexico border are caught in San Diego County.

"One can only guess how many others escape detection," he said, noting official estimates that anywhere from 4 to 12 million illegals are now in the United States.

A bill similar to Eastland's has been approved by the House Judiciary Committee and is awaiting action by the full House. Eastland opened hearings last week on his measure by a Senate Judiciary subcommittee.

Van Deerlin, said Eastland could strengthen his bill by stipulating jail sentences as well as fines for repeated violations. Jail terms as well as fines are called for by the House version.

A Look at Past Issues

Back Pages

A look at the pages of this newspaper twenty years ago reveals some of the interesting contrasts between then and now. This column highlights some of the items that appeared in this newspaper at this time two decades ago.

By Bruce Binkowski

The last week of March 20 years ago featured an election for La Mesa - Spring Valley School Bonds. Twice previously the issue was defeated, but it finally passed by a 4 to 1 margin, the third time around. The vote was 6,450 for and 1,796 against. The bond issue furnished \$960,000 for the construction of new schools and additions to others.

The Review/Bulletin announced it was giving away free trophies in a marble contest held among fourth and fifth graders from local elementary schools.

A column written by the "Teenage Editor" scanned the popular dances of the day. The writer took a tongue-in-cheek look at the "public nuisances via la dance floor." Included were the "Boppers," the "Submariners," the "Drillers," "Dreamers," "Groaners" and "Tracksters," all of whom interfered with the pioneers of rock dance trying to keep

up with the latest steps.

The Lemon Grove Jaycees decided on a number of projects at a breakfast meeting. One of the most important decisions was to create the "Miss Lemon Grove" contest. The contest was designed to attract single girls aged 17 to 25. The winner's function was (and still is today) to represent the area in local civic events.

Advertising in the Review/Bulletin featured the following bargains: Easter lilies selling for 98 cents and up; a screen door for \$7.60 and a new favorite lawn mower retailed for \$18. A new product, the electric oven, received large advertising space. So were used cars, one of which, a 1951 Buick, could be purchased for only \$75 down.

And to those who have to pay the babysitter anywhere from \$2 an hour, two decades ago the going hourly rate was 50 cents.

Our Men In The Armed Forces

Airman Dan Shepard

Airman Daniel C. Shepard, son of Mr. and Mrs. Robert E. Shepard of 9106 Jamacha Blvd., Spring Valley, has been assigned to McClellan AFB, California, for duty in the transportation field after completing Air Force basic training.

During his six weeks at Lackland AFB, Texas, he studied the Air Force mission, organization and customs and received special instruction in human relations.

Airman Shepard is a 1975 graduate of Monte Vista High.

Pvt. Pete D. Galusha

Marine Private First Class Pete D. Galusha, 18, son of Mr. and Mrs. Dale C. Galusha of 530 Hotz st., Spring Valley, has reported for duty with the Third Marine Division on Okinawa.

A former student of Skyline High School, Galusha entered the Marine Corps in March, 1975.

Fireman Apprentice

Robert Wickey

Navy Machinery Repairman Fireman Apprentice Robert E. Wickey, son of Mr. and Mrs. William E. Echurig of 1083 Carlsbad st., Spring Valley, was graduated from Basic Machinery Repairman School at the Naval Training Center in San Diego.

The 12-week course includes instruction on the operation and maintenance of engine lathes, shapers, drill presses, grinders and other machine tools used to manufacture new and replacement parts for mechanical equipment.

A 1972 graduate of Mt. Miguel High joined the Navy in May 1974.

Dolbeck, Kudua in

Off-Shore War Games

Navy Interior Communications Electrician First Class Ronald J. Kudla, husband of Mrs. Bonnie M. Kudla of 9172 Valencia st., Spring Valley, took part in a five-nation naval exercise off the California coast as a crewmember aboard the guided missile cruiser USS Truxtun, homeported at San Diego.

Named "Valiant Heritage" to commemorate America's Bicentennial, the exercise involved 41 ships, 200 aircraft and more than 18,000 men.

The eleven-day exercise included forces from Australia, Canada, New Zealand, the United Kingdom and the U. S., and was designed to test the ability of the allied navies in joint operation. The maneuvers included missile firings at the Pacific Missile Test Center, Point Mugu, carrier operations, underway replenishment, communications and gunnery tests.

Also in the exercises was Navy Personnelman First Class Ronald N. Dolbeck, 30, whose wife Patricia is the daughter of Mrs. Lucy Rosiak of Lemon Grove.

Cpt. Donald Hemmick

Outstanding duty performance at McClellan AFB, Calif., has earned the Meritorious Service Medal for Captain Donald E. Hemmick, son of Mr. and Mrs. Donald A. Hemmick of 8848 Noeline ave., Spring Valley.

Captain Hemmick was cited for his professional skill,

knowledge and leadership while assigned to McClellan Central Laboratory.

He was honored at Torrejon AB, Spain, where he now serves as chief of the data automation branch of the 401st Tactical Fighter Wing, a part of the U. S. Air Forces in Europe.

The captain, a 1951 graduate of Spring Valley High, attended Golden Gate University in Sacramento.

Machinist's Mate

Philip A. Guay, Jr.

Navy Machinist's Mate First Class Philip A. Guay Jr., 29, husband of Dorothy L. Guay of 9029 Avocado, Spring Valley, took part in a five-nation naval exercise off the California coast as a crewmember of the USS Truxtun, homeported in Bremerton, Wash.

The eleven-day exercise, including forces from Australia, Canada, New Zealand, the United Kingdom and the U. S., is designed to test the ability of the allied navies in joint operation.

La Mesa Attorney Rises To Capt. In Reserves

The Chief of Naval Personnel has notified CDR William Faulwetter of his selection to the Grade of Captain. Captain-select Faulwetter, a La Mesa attorney, is an active Reservist with Force Area Command 1021.

Faulwetter is completing his seventh year as a member of the Board of Trustees at Grossmont Community College where he is currently president of the Board.

Faulwetter, who recently announced his candidacy for the San Diego Board of Supervisors, has announced the official opening of his campaign headquarters in Suite 209, 7373 University ave. in La Mesa.

Record Sales, Profits

The annual meeting of Cubic Corp's stockholders has been set for 10 a.m. April 26 at the Hilton Inn's Hawaii Room.

Walter Zable, Cubic president, is expected to announce record sales and profits.

Pvt. Michael D. Allen

Marine Private Michael D. Allen, son of Mr. and Mrs. Edwin W. Allen of 1560 Primera st., Lemon Grove, has grad-



Pvt. Allen

uated from recruit training at San Diego Marine Corps Recruit Depot.

Physical conditioning, discipline and teamwork are emphasized during Marine recruit training, along with close order drill, Marine Corps history, first aid, uniform regulations and military customs and courtesies.



TO: WEEKEND YARD SLAVERS FROM: CORKY'S PEST CONTROL (We Do More on Your Property Than Maybe You Do Yourself)

We spray with a residual insecticide every three months which kills existing insects and keeps migratory insects from settling on your premises. There is however, a lot more to our services! Since we are going to be in your yard every three months anyway, we might as well give it everything that is available to us. We sometimes forget to tell our customers all we did in their yards. If you are already on our quarterly spray program we are sharing this with you so you can see the extra's we have been giving you right along. But check the list carefully to make sure we haven't been missing anything. If you're not on our quarterly program maybe you should give us a call now and have us put you on it.

We use Nutra Plus fertilizer mixed in all our sprays. This special fertilizer contains the three essential plant foods; 8% nitrogen, 8% phosphorus, and 4% potassium. It also contains iron, zinc, manganese, and copper. Plus a buffering agent that helps spread our spray over the leaf evenly which give a better kill on the insects.

WINTER QUARTER: Jan.-Feb.-Mar.

Complete residual spray on entire grounds, dormant spray on shrubs and deciduous fruit trees that need it. Plus . . . We dust your attic each winter to keep out insects or kill what's there. Insects need shelter from cooler winter temperatures and rain, your attic can provide a perfect hide-away.

SPRING QUARTER: Apr.-May-June

Complete residual spray on entire grounds and the inside of garage. Plus . . . We use a systemic spray on the plants and trees in the spring that sucking insects normally attack. Aphids and mites are sucking insects that usually attack the new spring growth. When these little insects go unchecked they can put the tree or shrub under stress by sucking out the sap that the plant needs for food, or curling the leaves which hinders normal plant food production.

SUMMER QUARTER: July-Aug.-Sept.

Complete residual spray on entire grounds and a careful examination of shrubs and trees for infested or diseased plants. —Plus . . . We machine fog your garage in the summer. Black widow and other spiders find refuge in the seldom used corners and under areas. This machine puts out a light vapor that seeps into those cracks and crevices killing those spiders so that you're not unexpectedly confronted one day by a creature with 8 legs.

FALL QUARTER: Oct.-Nov.-Dec.

Complete residual spray on entire grounds and hand spray inside the garage, and spraying the eaves and shake roof outside. Plus . . . We apply fungicides to your lawn in the fall. Fungus spores multiply best in the dampness and darkness of the winter. The old saying "An ounce of prevention being worth a pound of cure" applies here. Fungicides should be applied on a preventive basis! We apply this spray in the fall (before the rains start) mixed right in with our insect spray.

NOW our trucks are equipped to fertilize your lawn with granular type fertilizer. We use 21-7-14 which is a well balanced fertilizer that we put on with a commercial type spreader. Liquid type fertilizers like the kind that we use with our sprays are only good for fast feeding or carrying metal chelates (iron, zinc, copper, & manganese) and work best on plants. Granular type fertilizers are longer lasting and keep the lawn much healthier in the long run. Because these hard form fertilizers are so much more expensive we do charge a nominal fee for their use and can be applied at the time of your service. (For average yard front and back \$7.50). Because we buy in large quantities this is probably less expensive than you can successfully do it yourself.

By now you have probably figured out that the secret of our program is to know which insects are going to attack where, and when and how to control them before they become established. The other secret is to keep your plants healthy so that they are not attacked at all (fertilizer in our spray). To do this our trucks are provided with proper equipment, such as two tanks so we can use more than one material on your property each time we come, and properly trained men to carry out our program on each property being treated to watch for infested or diseased plants. Our servicemen never hurry through your job . . . your property is important to us and so is your business . . .

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Free
When Going on a Quarterly Program



Silverfish, Roaches

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